

## **SREEKRISHNAPURAM** V.T. BHATTATHIRIPAD COLLEGE

Aided and Affiliated to University of Calicut, NAAC Accredited with B+ Grade Phone (Office): 0466-2268285 | Email: principalvtbcollege@gmail.com



## **CRITERION - V** STUDENT SUPPORT AND PROGRESSION

**5.1 Student Support** 

## SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE

STATE STATE OF THE STATE OF THE

Aided and Affiliated to University of Calicut, NAAC Accredited with B+ Grade Phone (Office): 0466-2268285 | Email: principalytbcollege@gmail.com

5.1.2

Report of Capacity Development and Skills Enhancement Activities Organized During 2019-20

Programmes /activities conducted to enhance soft skills, Language and communication skills, and Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills) during 2019-2020

# SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE



Aided and Affiliated to University of Calicut, NAAC Accredited with B+ Grade Phone (Office): 0466-2268285 | Email: principalvtbcollege@gmail.com

	Index				
S1. No	Year	Name of the Capacity Development and Skills Enhancement Program	Page No.		
1.	2019-20	Workshop on 'Yoga in Daily Life'	4		
2.	2019-20	Fitness Fundamentals: Gymnasium Training Program	8		
3.	2019-20	Traditional Sloka Recitation: Skill Development Program	12		
4.	2019-20	Soft skills development - Managing Stress for Mental hygiene	16		
5.	2019-20	Training Programme on Business Project Preparation	21		
6.	2019-20	Soft skills development workshop – Presentation skills	25		
7.	2019-20	Spoken Sanskrit: Training and Practice	30		
8.	2019-20	SWOT analysis Technique for Personality Development	34		
9.	2019-20	Leadership Skill Enhancement Program	38		
10.	2019-20	Skill of Goal Setting and Developing Scientific Temper	43		
11.	2019-20	Self-Employment Training on Umbrella making	47		
12.	2019-20	Soukhyam – Female Health awareness programme	52		
13.	2019-20	Theatre Workshop on Scripting	55		

#### Workshop on 'Yoga in Daily Life'

Title of the Programme	Workshop on 'Yoga in Daily Life'
Organizing Department/Cell	Department of Physical Education and Department of Sanskrit
Number of Students Enrolled	81
Name of the Resource Person	Ms. Binuja, Yoga Trainer
Objectives of the Programme	The objective of the workshop was to raise awareness about the benefits of yoga and demonstrate its practical application in daily life to enhance health and well-being.
Outcomes of the Programme	The outcome of the workshop was increased participant satisfaction and a deeper understanding of how to incorporate yoga into daily routines to improve overall health and quality of life.

## Report

On June 21, 2019, the Departments of Physical Education and Sanskrit, in collaboration with NSS, organized a workshop titled 'Yoga in Daily Life.' The session, led by Ms. Binuja, aimed to emphasize the importance of yoga for enhancing health and quality of life. The workshop commenced at 9:30 AM and concluded at 12:30 PM. It was attended by 80 students and 10 teachers, totaling 90 participants. The session included practical demonstrations and discussions on incorporating yoga into daily routines. The workshop was well-received, with participants expressing high satisfaction with the content and delivery of the program. Positive feedback highlighted the effectiveness of the session in raising awareness about yoga's benefits and its practical applications. The event successfully achieved its objective of promoting a deeper understanding of yoga and encouraging its integration into everyday life.

Mannampatta Palakkad Dist.

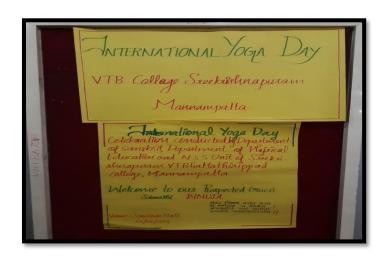


Brochure of the Workshop









Highlights of the Programme



	Name	Designation	Sl. No.	Name	Designation
1	Aneesha	Student	42	Radhika K	Student
2	Athira K	Student	43	Rajesh P C	Student
3	Bijitha P R	Student	44	Ranjana C	Student
4	Binisha P	Student	45	Ranjith K	Student
5	Bittu Mol Biju	Student	46	Ranjith P	Student
6	Chaithanya C	Student	47	Ranjith R	Student
7	Deepika P	Student	48	Rasika K R	Student
8	Devi Krishna K M	Student	49	Reshma C C	Student
9	Devika M	Student	50	Rethik Krishnan P	Student
10	Devika T V	Student	51	Shifas N S	Student
11	Divya A	Student	52	Shilpa C	Student
12	Divya K U	Student	53	Sidharth.T. A	Student
13	Divya N	Student	54	Sneha N B	Student
14	Gayathri B	Student	55	Soumya T	Student
15	Greeshma K	Student	56	Sowmini P	Student
16	Greeshma P S	Student	57	Sradha C S	Student
17	Haripriya M K	Student	58	Sreeja V G	Student
18	Haripriya T	Student	59	Sreelekha M	Student
19	Jeejea K	Student	60	Sreelekha N S	Student
20	Jishnu A	Student	61	Sreepriya P M	Student
21	Jithin G	Student	62	Sreethu P	Student
22	Jyothilakshmi M	Student	63	Srilakshmi M	Student
23	Kavya Das C	Student	64	Sruthi K	Student
24	Keerthana B	Student	65	Sruthy M S	Student
25	Keerthana C M	Student	66	Sudheesh M	Student
26	Kiran A	Student	67	Suhra E P	Student
27	Mahitha V M	Student	68	Sujisha K	Student
28	Manusha O	Student	69	Swathi Krishna T S	Student
29	Megha C P	Student	70	Unnimaya K	Student
30	Mithina M	Student	71	Varsha C	Student
31	Mohammed Salman	Student	72	Vijila V	Student
32	Muhammed Hunais M	Student	73	Vimisha K	Student
33	Namitha P	Student	74	Anu A N	Teacher
34	Nayana K N	Student	75	Saranya C M	Teacher
35	Nithin P. K	Student	76	Vidya K	Teacher
36	Nived. V	Student	77	Sadeep K	Teacher
37	Pranav C S	Student	78	Sathyabhama N	Teacher
38	Praveena S	Student	79	Parvathy K P	Teacher
39	Preetha M	Student	80	Sruthi P A	Teacher
40	Priya K	Student	81	Rathi K N	Teacher
	Radhika A U	Student			V.T.Bha

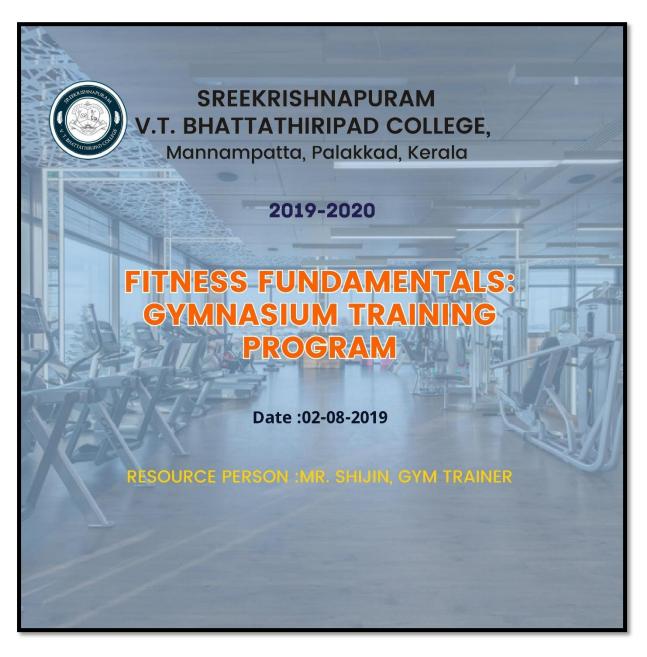
## Fitness Fundamentals: Gymnasium Training Program

Title of the Programme	Fitness Fundamentals: Gymnasium Training Program
Organizing Department/Cell	Department of Physical Education
Number of Students Enrolled	45
Name of the Resource Person	Mr. Shijin, Gym Trainer
Objectives of the Programme	To provide students with foundational knowledge and practical skills in gymbased fitness routines to enhance their understanding and application of effective workout techniques.
Outcomes of the Programme	Participants gained practical skills and a solid understanding of gym-based fitness routines, enabling them to effectively design and implement their own workout regimens.

#### Report

On August 2, 2019, the Department of Physical Education organized a training program titled "Fitness Fundamentals: Gymnasium Training Program." The session was led by Mr. Shijin, a certified gym trainer, and aimed to provide participants with foundational knowledge and practical skills in gym-based fitness routines. The program attracted 45 students who enrolled to gain insights into effective gym training techniques. Mr. Shijin conducted the training, focusing on various aspects of gym workouts, including exercise techniques, equipment usage, and personalized fitness planning. The session included both theoretical explanations and practical demonstrations to ensure comprehensive learning. Throughout the program, participants learned how to design and implement effective workout regimens, use gym equipment safely, and understand the principles of physical fitness. The hands-

on approach facilitated a deeper understanding of fitness fundamentals and helped participants develop their own fitness routines.



Brochure of the Training Programme





Highlight of the Programme

Sl. No	Name of the Student	Programme	
1.	Divya A	B.Sc Mathematics	
2.	Karthika K R	B.Sc Mathematics	
3.	Keerthana B	B.Sc Mathematics	
4.	Krishnenthu V	B.Sc Mathematics	
5.	Narayanan P M	B.Sc Mathematics	
6.	Nayana MS	B.Sc Mathematics	
7.	Pravijith J Prakash	B.Sc Mathematics	
8.	Ranjana C	B.Sc Mathematics	
9.	Ranjith K R	B.Sc Mathematics	
10.	Roshni K	B.Sc Mathematics	
11.	Sanuja G	B.Sc Mathematics	
12.	Shibla Jasmine P P	B.Sc Mathematics	
13.	Sruthi KS	B.Sc Mathematics	
14.	Surya P P	B.Sc Mathematics	
15.	Swathi Krishna T S	B.Sc Mathematics	
16.	Syam V G	B.Sc Mathematics	
17.	Archana P	B.Com Finance	
18.	Aswani M P	B.Com Finance	
19.	Athira VM	B.Com Finance	
20.	Deepa M T	B.Com Finance	V.T.Bhalla
			Maniampatta Palakkad Dist. Pin-678 633

21.	Divya K M	B.Com Finance
22.	Haripriya M K	B.Com Finance
23.	Haripriya T	B.Com Finance
24.	Jinisha P	B.Com Finance
25.	Jishnu A	B.Com Finance
26.	Jyothilakshmi M	B.Com Finance
27.	Keerthana C M	B.Com Finance
28.	Keerthi P V	B.Com Finance
29.	Krishnendu R	B.Com Finance
30.	Megha M	B.Com Finance
31.	Mini K	B.Com Finance
32.	Mithina M	B.Com Finance
33.	Mohammed Salman	B.Com Finance
34.	Muhammed Irshad K	B.Com Finance
35.	Kailas C	BA History
36.	Karthika C P	BA History
37.	Keerthi V R	BA History
38.	Krishnaprabhash R	BA History
39.	Mahalakshmi PV	BA History
40.	Manya Parvathy C M	BA History
41.	Muhsina O	BA History
42.	Nandana P	BA History
43.	Neethu Das V	BA History
44.	Neethu Krishna K	BA History
45.	Nithin M R	BA History



#### Traditional Sloka Recitation: Skill Development Program

Title of the Programme	Traditional Sloka Recitation: Skill Development Program
Organizing Department/Cell	Department of Sanskrit
Number of Students Enrolled	22
Name of the Resource Person	Dr. N M Narayanan, Assistant Professor, Kerala Varma College, Thrissur Ph:9400988813
Objectives of the Programme	The objective of the "Traditional Sloka Recitation: Skill Development Program" was to enhance students' proficiency in reciting traditional Sanskrit slokas with correct pronunciation, intonation, and understanding of their cultural significance.
Outcomes of the Programme	The outcome of the program was that participants significantly improved their skills in reciting traditional Sanskrit slokas and gained a deeper appreciation for their cultural and historical context

#### Report

On August 26, 2019, the Department of Sanskrit hosted a skill development program titled "Traditional Sloka Recitation" in the Seminar Hall. The program, designed to enhance participants' proficiency in reciting traditional Sanskrit slokas, was conducted by Dr. N M Narayanan, Assistant Professor at Kerala Varma College, Thrissur. A total of 22 students enrolled in the program to develop their skills in traditional sloka recitation. Dr. Narayanan led the session, focusing on the correct pronunciation, intonation, and memorization techniques essential for effective sloka recitation. The training also included insights into the historical and cultural significance of various slokas, providing a comprehensive understanding beyond

Mannámpatta \ Palakkad Dist. mere recitation. Throughout the program, participants engaged in practical exercises and received individualized feedback to improve their recitation skills. The session was well-received, with students appreciating the expert instruction and the opportunity to deepen their understanding of traditional Sanskrit texts.



Brochure of the Skill Development Programme





Highlights of the Programme



Sl. No	Name of the Student	Programme
1.	Anand PS	BA Sanskrit Sahitya
2.	Anjali K	BA Sanskrit Sahitya
3.	Anjusha K	BA Sanskrit Sahitya
4.	Anusha T	BA Sanskrit Sahitya
5.	Arya PM	BA Sanskrit Sahitya
6.	Athira A K	BA Sanskrit Sahitya
7.	Dhanya A	BA Sanskrit Sahitya
8.	Greeshma A	BA Sanskrit Sahitya
9.	Jyothi Krishnan	BA Sanskrit Sahitya
10.	Maya A	BA Sanskrit Sahitya
11.	Megha P	BA Sanskrit Sahitya
12.	Megha Rajan P	BA Sanskrit Sahitya
13.	Niveditha K S	BA Sanskrit Sahitya
14.	Rahul P	BA Sanskrit Sahitya
15.	Ramakrishnan Namboothiri T	BA Sanskrit Sahitya
16.	Rasitha M R	BA Sanskrit Sahitya
17.	Resmi V K	BA Sanskrit Sahitya
18.	Sangeetha M	BA Sanskrit Sahitya
19.	Saranya C	BA Sanskrit Sahitya
20.	Saranya Krishnan N	BA Sanskrit Sahitya
21.	Shameer P P	BA Sanskrit Sahitya
22.	Sisira V P	BA Sanskrit Sahitya



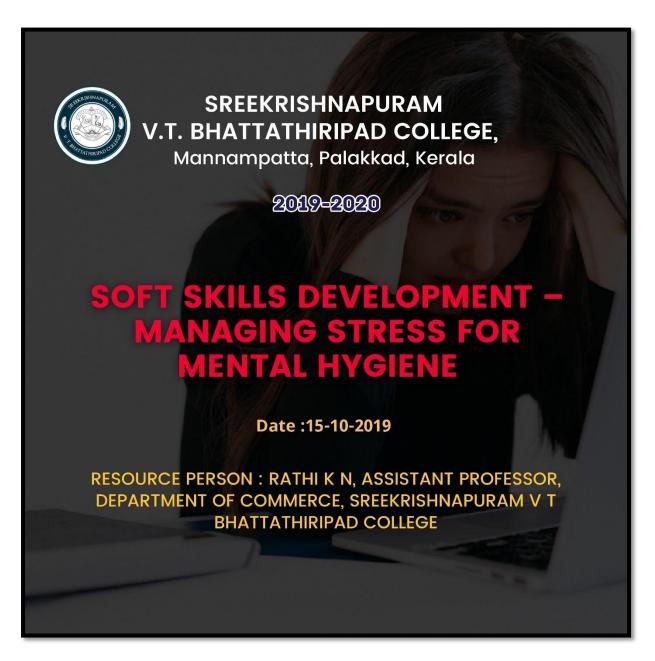
## Soft skills development - Managing Stress for Mental hygiene

Title of the Programme	Soft skills development – Managing Stress for Mental hygiene
Organizing Department/Cell	PG Department of Commerce and Management Studies
Number of Students Enrolled	94
Name of the Resource Person	Rathi K N, Assistant Professor, Department of Commerce, Sreekrishnapuram V T Bhattathiripad College Ph: 9995667927
Objectives of the Programme	To equip students with effective stress management techniques and strategies to enhance their mental hygiene and overall well-being.
Outcomes of the Programme	Participants acquired practical stress management techniques and a better understanding of mental hygiene, leading to improved ability to handle stress and enhance their overall wellbeing.

## Report

On October 15, 2019, the PG Department of Commerce and Management Studies organized a program titled "Soft Skills Development - Managing Stress for Mental Hygiene" in the College Auditorium. The session was conducted by Rathi K N, Assistant Professor from the Department of Commerce at Sreekrishnapuram V T Bhattathiripad College. The program was attended by 94 students, who enrolled to gain insights into effective stress management techniques and strategies for maintaining mental hygiene. Rathi K N led the session, focusing on practical methods for identifying, managing, and reducing stress. Topics covered included stress management techniques, mindfulness practices, and strategies for balancing academic and personal life to promote overall well-being. Participants engaged in interactive

activities and discussions designed to enhance their understanding and application of stress management practices. The session provided valuable tools for coping with stress and improving mental health, which are crucial for both academic and personal success.



Brochure of the Programme





Highlight of the Programme

Sl. No	Name of the Student	Programme
1.	Athira K	BA Economics with Foreign Trade
2.	Devi S K	BA Economics with Foreign Trade
3.	Devika M	BA Economics with Foreign Trade
4.	Divya N	BA Economics with Foreign Trade
5.	Drisya K	BA Economics with Foreign Trade
6.	Farsana Sharin V T	BA Economics with Foreign Trade
7.	Fathimathul Sithara T	BA Economics with Foreign Trade
8.	Ismath Nasrin C	BA Economics with Foreign Trade
9.	Krishnapriya K	BA Economics with Foreign Trade
10.	Krishnapriya C U	BA Economics with Foreign Trade
11.	Mahitha V M	BA Economics with Foreign Trade
12.	Megha M	BA Economics with Foreign Trade
13.	Nahla C	BA Economics with Foreign Trade
		Manuampal Palakkad D Pin-678 6:

14.	Najla C	BA Economics with Foreign Trade
15.	Nandana M R	BA Economics with Foreign Trade
16.	Nasreen Farhana P I	BA Economics with Foreign Trade
17.	Nithin P K	BA Economics with Foreign Trade
18.	Praveena S	BA Economics with Foreign Trade
19.	Rahana R	BA Economics with Foreign Trade
20.	Rajitha K	BA Economics with Foreign Trade
21.	Ranjitha K	BA Economics with Foreign Trade
22.	Rasika KR	BA Economics with Foreign Trade
23.	Rethik Krishnan P	BA Economics with Foreign Trade
24.	Sajeev M	BA Economics with Foreign Trade
25.	Sakkariya K	BA Economics with Foreign Trade
26.	Sanitha M	BA Economics with Foreign Trade
27.	Sanuja A S	BA Economics with Foreign Trade
28.	Shahana K	BA Economics with Foreign Trade
29.	Shibitha PC	BA Economics with Foreign Trade
30.	Shifas N S	BA Economics with Foreign Trade
31.	Shilpa Rajan	BA Economics with Foreign Trade
32.	Sreelekha M	BA Economics with Foreign Trade
33.	Sreevishak P M	BA Economics with Foreign Trade
34.	Sruthi S	BA Economics with Foreign Trade
35.	Sruthi C	BA Economics with Foreign Trade
36.	Sudhina V	BA Economics with Foreign Trade
37.	Sumayya A P	BA Economics with Foreign Trade
38.	Sumayya Nasrin E	BA Economics with Foreign Trade
39.	Surya P	BA Economics with Foreign Trade
40.	Triveni NM	BA Economics with Foreign Trade
41.	Abhijith K	B.Sc Mathematics
42.	Aiswarya V	B.Sc Mathematics
43.	Ajay Das M	B.Sc Mathematics
44.	Akhila V R	B.Sc Mathematics
45.	Akshay Ajith P	B.Sc Mathematics
46.	Amrutha CC	B.Sc Mathematics
47.	Anand C U	B.Sc Mathematics
48.	Anjana M	B.Sc Mathematics
49.	Ardra K	B.Sc Mathematics
50.	Athira N	B.Sc Mathematics
51.	Bittumol Biju	B.Sc Mathematics
52.	Deepika K	B.Sc Mathematics
53.	Devi Krishna K M	B.Sc Mathematics
54.	Divya A	B.Sc Mathematics
55.	Karthika K R	B.Sc Mathematics
56.	Keerthana B	B.Sc Mathematics
57.	Krishnenthu V	B.Sc Mathematics
58.	Narayanan P M	B.Sc Mathematics
59.	Nayana MS	B.Sc Mathematics
	1 -	Manuampatta Palakkad Dist. Pin-678 633

60.	Pravijith J Prakash	B.Sc Mathematics
61.	Ranjana C	B.Sc Mathematics
62.	Ranjith K R	B.Sc Mathematics
63.	Roshni K	B.Sc Mathematics
64.	Sanuja G	B.Sc Mathematics
65.	Shibla Jasmine P P	B.Sc Mathematics
66.	Sruthi KS	B.Sc Mathematics
67.	Surya P P	B.Sc Mathematics
68.	Swathi Krishna T S	B.Sc Mathematics
69.	Syam V G	B.Sc Mathematics
70.	Abhishek P	B.Com Finance
71.	Abijith PV	B.Com Finance
72.	Abijith M C	B.Com Finance
73.	Aiswarya S	B.Com Finance
74.	Ajay K G	B.Com Finance
75.	Akhil N	B.Com Finance
76.	Akhila P	B.Com Finance
77.	Akshay PS	B.Com Finance
78.	Akshitha KG	B.Com Finance
79.	Amal K Nelson	B.Com Finance
80.	Anjali M N	B.Com Finance
81.	Aparna T R	B.Com Finance
82.	Archana P	B.Com Finance
83.	Aswani M P	B.Com Finance
84.	Athira VM	B.Com Finance
85.	Deepa M T	B.Com Finance
86.	Divya K M	B.Com Finance
87.	Haripriya M K	B.Com Finance
88.	Haripriya T	B.Com Finance
89.	Jinisha P	B.Com Finance
90.	Jishnu A	B.Com Finance
91.	Jyothilakshmi M	B.Com Finance
92.	Keerthana C M	B.Com Finance
93.	Keerthi P V	B.Com Finance
94.	Krishnendu R	B.Com Finance



#### **Training Programme on Business Project Preparation**

Title of the Programme	Training Programme on Business Project Preparation
Organizing Department/Cell	PG Department of Commerce and Management Studies
Number of Students Enrolled	57
Name of the Resource Person	Amalraj Mohan, HSST, Ph: 7025707317
Objectives of the Programme	To enhance students' skills in developing, presenting, and managing business projects through comprehensive training in research methods, data analysis, and presentation techniques.
Outcomes of the Programme	The outcome of the program was that participants developed practical skills and a thorough understanding of business project preparation, enabling them to effectively create, manage, and present business projects.

#### Report

On October 20, 2019, the PG Department of Commerce and Management Studies conducted a Training Programme on Business Project Preparation in the Seminar Hall. The session was led by Amalraj Mohan, HSST, who provided valuable insights into the essentials of preparing effective business projects.

The training program, which saw the participation of 57 students, aimed to enhance their skills in developing and presenting business projects. Amalraj Mohan focused on key aspects of project preparation, including research methods, data analysis, report writing, and presentation techniques. The session also covered practical tips for

Mannampatta \ Palakkad Dist. creating compelling project proposals and addressing common challenges faced during project development.

Throughout the program, students engaged in interactive discussions and practical exercises designed to apply the concepts learned. The training provided a comprehensive understanding of the business project preparation process, from initial planning to final presentation.



Brochure of the Training Programme





Highlight of the Programme

Sl. No	Name of the Student	Programme	
1.	Haripriya T	B.Com Finance	
2.	Jinisha P	B.Com Finance	
3.	Jishnu A	B.Com Finance	
4.	Jyothilakshmi M	B.Com Finance	
5.	Keerthana C M	B.Com Finance	
6.	Keerthi P V	B.Com Finance	
7.	Krishnendu R	B.Com Finance	
8.	Megha M	B.Com Finance	
9.	Mini K	B.Com Finance	
10.	Mithina M	B.Com Finance	
11.	Mohammed Salman	B.Com Finance	
12.	Muhammed Irshad K	B.Com Finance	
13.	Nandikesh K M	B.Com Finance	
14.	Nived V	B.Com Finance	
15.	Rahul R	B.Com Finance	
16.	Rajesh P C	B.Com Finance	
17.	Ranjith P	B.Com Finance	
18.	Sajith S	B.Com Finance	
19.	Sidharth T A	B.Com Finance	
20.	Sinduja T	B.Com Finance	V.T.Bhay
21.	Sneha K S	B.Com Finance	18 PO.
22.	Sneha N B	B.Com Finance	1 S Juna mpatta
			Palakkad Dist.

23.	Sradha CS	B.Com Finance
24.	Sreelakshmi S	B.Com Finance
25.	Sreeraj Mr	B.Com Finance
26.	Sreeraj P G	B.Com Finance
27.	Sudheesh M	B.Com Finance
28.	Sujisha K	B.Com Finance
29.	Veena K	B.Com Finance
30.	Vidya V P	B.Com Finance
31.	Vimisha K	B.Com Finance
32.	Vishnu B	B.Com Finance
33.	Vishnu K U	B.Com Finance
34.	Viswas B Chandran	B.Com Finance
35.	Agneya K V	Bachelor of Business Administration
36.	Aiswarya K	Bachelor of Business Administration
37.	Aiswarya K	Bachelor of Business Administration
38.	Amrutha C V	Bachelor of Business Administration
39.	Anjali Krishnan C	Bachelor of Business Administration
40.	Ansiya P	Bachelor of Business Administration
41.	Anusha CP	Bachelor of Business Administration
42.	Aswathy K	Bachelor of Business Administration
43.	Aswin K	Bachelor of Business Administration
44.	Athira PV	Bachelor of Business Administration
45.	Ayishathul Shahanas M	Bachelor of Business Administration
46.	Bhavana A B	Bachelor of Business Administration
47.	Bhavitha K	Bachelor of Business Administration
48.	Bijitha PR	Bachelor of Business Administration
49.	Chaithanya C	Bachelor of Business Administration
50.	Devika T V	Bachelor of Business Administration
51.	Greeshma K	Bachelor of Business Administration
52.	Jinsha CC	Bachelor of Business Administration
53.	Jithin G	Bachelor of Business Administration
54.	Kavya Das C	Bachelor of Business Administration
55.	Kavya Manikandan	Bachelor of Business Administration
56.	Kiran A	Bachelor of Business Administration
57.	Krishna Preetha P K	Bachelor of Business Administration



## Soft skills development workshop - Presentation skills

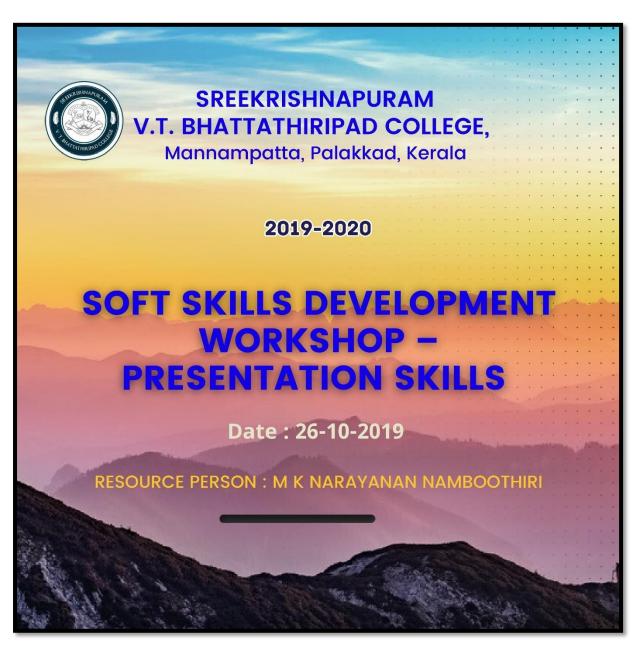
Title of the Programme	Soft skills development workshop – Presentation skills
Organizing Department/Cell	WWS
Number of Students Enrolled	74
Name of the Resource Person	M K Narayanan Namboothiri,
Objectives of the Programme	To enhance participants' ability to deliver effective presentations by improving their skills in content structure, audience engagement, and use of visual aids.
Outcomes of the Programme	Participants improved their presentation skills, gaining practical experience and feedback that enhanced their ability to deliver effective and engaging presentations.

#### Report

On October 26, 2019, the "Soft Skills Development Workshop – Presentation Skills" was held in the Seminar Hall, organized by WWS in collaboration with the Directorate of Collegiate Education. The workshop was led by Sri. M K Narayanan Namboothiri.

The objective was to improve participants' presentation skills. A total of 74 attendees benefited from the session, which covered structuring presentations, engaging audiences, and using visual aids. The workshop included practical exercises and feedback to help participants enhance their presentation abilities.

Bindu T. coordinated the event and facilitated the smooth execution of the workshop. The session provided participants with valuable skills for effective presentations and was well-received by those in attendance.



Brochure of the Workshop







Highlights of the Programme



Nikhil S Prameela T Praveena B Rahulraj Rohini P S Sneha E Sneha K Sowparnika P H Sreejith A J Sreelatha V Sreeshnu M Sugesh P S	Bachelor of Business Administration
Praveena B Rahulraj Rohini P S Sneha E Sneha K Sowparnika P H Sreejith A J Sreelatha V Sreeshnu M Sugesh P S	Bachelor of Business Administration
Rahulraj Rohini P S Sneha E Sneha K Sowparnika P H Sreejith A J Sreelatha V Sreeshnu M Sugesh P S	Bachelor of Business Administration
Rohini P S Sneha E Sneha K Sowparnika P H Sreejith A J Sreelatha V Sreeshnu M Sugesh P S	Bachelor of Business Administration
Sneha E Sneha K Sowparnika P H Sreejith A J Sreelatha V Sreeshnu M Sugesh P S	Bachelor of Business Administration
Sneha K Sowparnika P H Sreejith A J Sreelatha V Sreeshnu M Sugesh P S	Bachelor of Business Administration
Sowparnika P H Sreejith A J Sreelatha V Sreeshnu M Sugesh P S	Bachelor of Business Administration Bachelor of Business Administration Bachelor of Business Administration Bachelor of Business Administration
Sreejith A J Sreelatha V Sreeshnu M Sugesh P S	Bachelor of Business Administration Bachelor of Business Administration Bachelor of Business Administration
Sreelatha V Sreeshnu M Sugesh P S	Bachelor of Business Administration Bachelor of Business Administration
Sreeshnu M Sugesh P S	Bachelor of Business Administration
Sugesh P S	
<u> </u>	D 1 1 (D 1 A 1 1 1 1 1 1
	Bachelor of Business Administration
Swetha P J	Bachelor of Business Administration
Thulasikrishnan K	Bachelor of Business Administration
Umesh T	Bachelor of Business Administration
Vaishna V P	Bachelor of Business Administration
Anand PS	BA Sanskrit Sahitya
Anjali K	BA Sanskrit Sahitya
Anjusha K	BA Sanskrit Sahitya
Anusha T	BA Sanskrit Sahitya
Arya PM	BA Sanskrit Sahitya
Athira A K	BA Sanskrit Sahitya
Dhanya A	BA Sanskrit Sahitya
Greeshma A	BA Sanskrit Sahitya
Jyothi Krishnan	BA Sanskrit Sahitya
Maya A	BA Sanskrit Sahitya
Megha P	BA Sanskrit Sahitya
Megha Rajan P	BA Sanskrit Sahitya
Niveditha K S	BA Sanskrit Sahitya
Rahul P	BA Sanskrit Sahitya
Ramakrishnan Namboothiri T	BA Sanskrit Sahitya
Rasitha MR	BA Sanskrit Sahitya
Resmi VK	BA Sanskrit Sahitya
Sangeetha M	BA Sanskrit Sahitya
Saranya C	BA Sanskrit Sahitya
Saranya Krishnan N	BA Sanskrit Sahitya
Shameer P P	BA Sanskrit Sahitya
Sisira V P	BA Sanskrit Sahitya
Sneha K C	BA Sanskrit Sahitya
Soorya K	BA Sanskrit Sahitya
Sruthi A	BA Sanskrit Sahitya
Sruthi M	BA Sanskrit Sahitya
Sukritha T P	BA Sanskrit Sahitya
	Umesh T Vaishna V P Anand P S Anjali K Anjusha K Anusha T Arya P M Athira A K Dhanya A Greeshma A Jyothi Krishnan Maya A Megha P Megha Rajan P Niveditha K S Rahul P Ramakrishnan Namboothiri T Rasitha M R Resmi V K Sangeetha M Saranya C Saranya Krishnan N Shameer P P Sisira V P Sneha K C Soorya K Sruthi A Sruthi M

44.	Vandana K	BA Sanskrit Sahitya
45.	Vineesha K	BA Sanskrit Sahitya
46.	Vinisha K	BA Sanskrit Sahitya
47.	Abhinand P S	BA History
48.	Ajay Dev P C	BA History
49.	Ajith V H	BA History
50.	Akshay P R	BA History
51.	Akshitha Krishnankutty	BA History
52.	Amritha S	BA History
53.	Aneesha Antony	BA History
54.	Anju V	BA History
55.	Archana A	BA History
56.	Archana P	BA History
57.	Athira K	BA History
58.	BAbitha BAby	BA History
59.	Chithra B	BA History
60.	Deepa K	BA History
61.	Deepika R	BA History
62.	Dibin C	BA History
63.	Divya M	BA History
64.	Drisya P	BA History
65.	Fathimathshibila K T	BA History
66.	Harikrishnan P	BA History
67.	Harikrishnan P	BA History
68.	Jini P	BA History
69.	Jisha George	BA History
70.	Kailas C	BA History
71.	Karthika C P	BA History
72.	Keerthi V R	BA History
73.	Krishnaprabhash R	BA History
74.	Mahalakshmi PV	BA History



## Spoken Sanskrit: Training and Practice

Title of the Programme	Spoken Sanskrit: Training and Practice	
Organizing Department/Cell	Department of Sanskrit	
Number of Students Enrolled	30	
Name of the Resource Person	Dr. Parvathi K P, Assistant Professor, Department of Sanskrit, Sreekrishnapuram V T Bhattathiripad College Ph: 9447625373	
Objectives of the Programme	To improve participants' spoken Sanskrit skills through interactive practice and instruction, enabling them to use the language effectively in conversation.	
Outcomes of the Programme	Participants significantly improved their spoken Sanskrit skills and gained confidence in using the language in everyday conversations.	

#### Report

The "Spoken Sanskrit: Training and Practice" program was held from November 11 to November 14, 2019, organized by the Department of Sanskrit in the Seminar Hall. The training aimed to enhance participants' ability to speak and practice Sanskrit effectively. Dr. Parvathi K P, Assistant Professor in the Department of Sanskrit at Sreekrishnapuram V T Bhattathiripad College, led the program. A total of 30 students enrolled in the four-day session, which focused on developing spoken Sanskrit skills through interactive practice and instruction. The training included various components such as pronunciation practice, conversational exercises, and role-playing to immerse participants in practical usage of the language. Dr. Parvathi K P provided personalized guidance and feedback to help students improve their speaking abilities and gain confidence in using Sanskrit in everyday conversations.

Palakkad Dist.



Brochure of the Training Programme





Highlight of the Programme

Sl. No	Name of the Student	Programme
1.	Abitha C D	BA Sanskrit Sahithya
2.	Aiswarya N C	BA Sanskrit Sahithya
3.	Akhil K	BA Sanskrit Sahithya
4.	Ameesha N M	BA Sanskrit Sahithya
5.	Anjali P V	BA Sanskrit Sahithya
6.	Bhavya Das M	BA Sanskrit Sahithya
7.	Chandini A	BA Sanskrit Sahithya
8.	Chinju M C	BA Sanskrit Sahithya
9.	Chithra K	BA Sanskrit Sahithya
10.	Devika P	BA Sanskrit Sahithya
11.	Jishna K S	BA Sanskrit Sahithya
12.	Malavika C M	BA Sanskrit Sahithya
13.	Manjusha P K	BA Sanskrit Sahithya
14.	Mayadevi T K	BA Sanskrit Sahithya
15.	Midhun Raj U	BA Sanskrit Sahithya
16.	Nair Sangeeth Krishnan K	BA Sanskrit Sahithya
17.	Pradeesh K	BA Sanskrit Sahithya
18.	Punya T H	BA Sanskrit Sahithya
19.	Radhika N	BA Sanskrit Sahithya
20.	Rajitha V	BA Sanskrit Sahithya
21.	Reshma C R	BA Sanskrit Sahithya
22.	Roshna T	BA Sanskrit Sahithya
		Palakkad Dist.

23.	Savitha M	BA Sanskrit Sahithya
24.	Shahana M T	BA Sanskrit Sahithya
25.	Silpa A G	BA Sanskrit Sahithya
26.	Sneha A	BA Sanskrit Sahithya
27.	Sreekrishna P	BA Sanskrit Sahithya
28.	Sreeshma P	BA Sanskrit Sahithya
29.	Srikrishna T A	BA Sanskrit Sahithya
30.	Sruthi K	BA Sanskrit Sahithya



## SWOT analysis Technique for Personality Development

Title of the Programme	SWOT analysis Technique for Personality Development
Organizing Department/Cell	WWS
Number of Students Enrolled	73
Name of the Resource Person	Sri. Abhishad, Mentor, Walk with Scholar
Objectives of the Programme	To teach participants how to use SWOT analysis to identify and leverage their personal strengths and opportunities, while addressing weaknesses and threats, to enhance their overall personal growth and development.
Outcomes of the Programme	Participants gained the ability to apply SWOT analysis to their personal development, enabling them to effectively identify and leverage their strengths, address weaknesses, capitalize on opportunities, and manage potential threats for improved personal and professional growth.

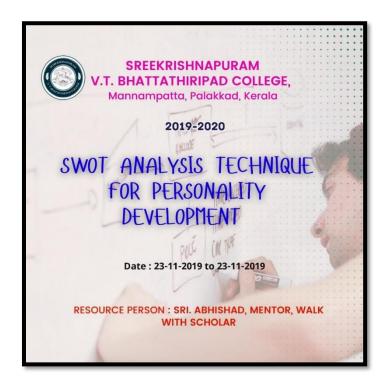
## Report

On November 23, 2019, WWS organized a workshop titled "SWOT Analysis Technique for Personality Development" in the Seminar Hall. The workshop aimed to help participants utilize SWOT (Strengths, Weaknesses, Opportunities, and Threats) analysis for enhancing personal growth and development.

Sri Abhishad, the resource person, led the session, guiding attendees through the application of SWOT analysis to personal development. A total of 73 participants attended the workshop, where they learned how to identify their personal strengths

and weaknesses, as well as external opportunities and threats that impact their growth.

The workshop included interactive activities and exercises that allowed participants to apply SWOT analysis to their own lives. Sri Abhishad provided practical insights and strategies for leveraging strengths, addressing weaknesses, capitalizing on opportunities, and mitigating threats. Bindu T., the coordinator, ensured the smooth running of the event and facilitated discussions.



Brochure of the Programme



Highlight of the Programme



Sl. No	Name of the Student	Programme
1.	Muhsina A	BA Economics with Foreign Trade
2.	Navyamol M	BA Economics with Foreign Trade
3.	Neena P S	BA Economics with Foreign Trade
4.	Nithya K	BA Economics with Foreign Trade
5.	Rahul K	BA Economics with Foreign Trade
6.	Ratheena R	BA Economics with Foreign Trade
7.	Reshma K R	BA Economics with Foreign Trade
8.	Rifana C S	BA Economics with Foreign Trade
9.	Sandra V K	BA Economics with Foreign Trade
10.	Shaijal Usman N	BA Economics with Foreign Trade
11.	Shibiliya P P	BA Economics with Foreign Trade
12.	Sithara A	BA Economics with Foreign Trade
13.	Soja E C	BA Economics with Foreign Trade
14.	Sreehari P M	BA Economics with Foreign Trade
15.	Sreelakshmi K	BA Economics with Foreign Trade
16.	Sruthi P	BA Economics with Foreign Trade
17.	Sujith C A	BA Economics with Foreign Trade
18.	Sumayya K A	BA Economics with Foreign Trade
19.	Unnimaya T K	BA Economics with Foreign Trade
20.	Vaishnav P	BA Economics with Foreign Trade
21.	Athulya S	BA History
22.	Deepa K	BA History
23.	Fathimath Farisa N	BA History
24.	Fathimath Safna K B	BA History
25.	Gokul T	BA History
26.	Hareesh T	BA History
27.	Hasna M R	BA History
28.	Jaseena P	BA History
29.	Jeeshma P N	BA History
30.	Krishnapriya K	BA History
31.	Megha M	BA History
32.	Muhammed Nisar C P	BA History
33.	Navya MT	BA History
34.	Nikhila V	BA History
35.	Nikhitha K R	BA History
36.	Pallavi A M	BA History
37.	Prabitha K B	BA History
38.	Raseena M	BA History
39.	Remya K R	BA History
40.	Remya Krishna	BA History
41.	Resmi C K	BA History
42.	Chithra M T	Bachelor Of Business Administration
43.	Divya K	Bachelor Of Business Administration Bhatta

P.O. Manuampatta Palakkad Dist. Pin-678 633

44.	Gokul N U	Bachelor Of Business Administration
45.	Greeshma A	Bachelor Of Business Administration
46.	K Mohammed Ashalm	Bachelor Of Business Administration
47.	Karthik Krishna P	Bachelor Of Business Administration
48.	Lavanya U	Bachelor Of Business Administration
49.	Manish Lal Singh	Bachelor Of Business Administration
50.	Midhuna P M	Bachelor Of Business Administration
51.	Muhammad Ashif	Bachelor Of Business Administration
52.	Muhammed Aslam E	Bachelor Of Business Administration
53.	Najiya M U	Bachelor Of Business Administration
54.	Naveen Krishna R	Bachelor Of Business Administration
55.	Navya P	Bachelor Of Business Administration
56.	Neethu M	Bachelor Of Business Administration
57.	Prasad K	Bachelor Of Business Administration
58.	Rasheena A T	Bachelor Of Business Administration
59.	Sarathkumar K P	Bachelor Of Business Administration
60.	Shajira Thasni N	Bachelor Of Business Administration
61.	Sneha K M	Bachelor Of Business Administration
62.	Sreejisha K S	Bachelor Of Business Administration
63.	Sreelakshmi A	Bachelor Of Business Administration
64.	Sreenath K	Bachelor Of Business Administration
65.	Sreethu K	Bachelor Of Business Administration
66.	Sumesh P	Bachelor Of Business Administration
67.	Swaminathan K	Bachelor Of Business Administration
68.	Syamini C	Bachelor Of Business Administration
69.	Vishnu K	Bachelor Of Business Administration
70.	Aswathy C	Bachelor Of Business Administration
71.	Aswathy P	Bachelor Of Business Administration
72.	Athira N	Bachelor Of Business Administration
73.	Aryashree G Nair	Bachelor Of Business Administration



## Leadership Skill Enhancement Program

Title of the Programme	Leadership Skill Enhancement Program
Organizing Department/Cell	Department of History
Number of Students Enrolled	45
Name of the Resource Person	Muhammed Shafi, Trainer
Objectives of the Programme	To develop and strengthen students' leadership skills by providing practical tools and techniques for effective communication, decision-making, and team management.
Outcomes of the Programme	Participants enhanced their leadership skills, gaining increased confidence and practical knowledge in effective communication, decision-making, and team management.

#### Report

On December 13, 2019, the Department of History organized the "Leadership Skill Enhancement Program" in the college auditorium. The program was designed to improve leadership skills among participants and provide them with practical tools and techniques for effective leadership.

The session was conducted by Muhammed Shafi, an experienced facilitator in leadership development. A total of 45 students enrolled in the program, which focused on key aspects of leadership including communication, decision-making, team management, and strategic thinking.

Muhammed Shafi led interactive discussions and practical exercises aimed at enhancing participants' leadership abilities. The program included activities that allowed students to practice leadership scenarios and receive feedback on their

alakkad Dist.

performance. The workshop also covered strategies for developing a leadership mindset and overcoming common challenges faced by leaders.



Highlight of the Programme







Highlights of the Programme



# **List of Students**

Sl. No	Name of the Student	Programme	
1.	Abhishek K A	BA History	
2.	Aiswarya R	BA History	
3.	Aleena P U	BA History	
4.	Amrutha K R	BA History	
5.	Anitha C	BA History	
6.	Arunchandran C M	BA History	
7.	Arya A	BA History	
8.	Arya V H	BA History	
9.	Arya M	BA History	
10.	Arya P S	BA History	
11.	Aswin K	BA History	
12.	Athira K	BA History	
13.	Athulya S	BA History	
14.	Deepa K	BA History	
15.	Fathimath Farisa N	BA History	
16.	Fathimath Safna K B	BA History	
17.	Gokul T	BA History	
18.	Hareesh T	BA History	
19.	Hasna M R	BA History	
20.	Jaseena P	BA History	
21.	Jeeshma P N	BA History	
22.	Krishnapriya K	BA History	
23.	Megha M	BA History	
24.	Muhammed Nisar C P	BA History	
25.	Navya MT	BA History	
26.	Nikhila V	BA History	
27.	Nikhitha K R	BA History	
28.	Pallavi A M	BA History	
29.	Prabitha K B	BA History	
30.	Raseena M	BA History	
31.	Remya K R	BA History	
32.	Remya Krishna	BA History	
33.	Resmi C K	BA History	
34.	Sabareesh A M	BA History	
35.	Sajil S	BA History	
36.	Sandhya P S	BA History	
37.	Sangeetha P	BA History	
38.	Shahana V	BA History	
39.	Sheeja P M	BA History	
40.	Shibna K	BA History	
41.	Sneha P S	BA History	V.T.Bhalla
42.	Soorya S	BA History	8 PO. 72
43.	Sreedevi T M	BA History	Manuampatta Palakkad Dist.

44.	Sreehari K S	BA History
45.	Sreelakshmi M P	BA History



## Skill of Goal Setting and Developing Scientific Temper

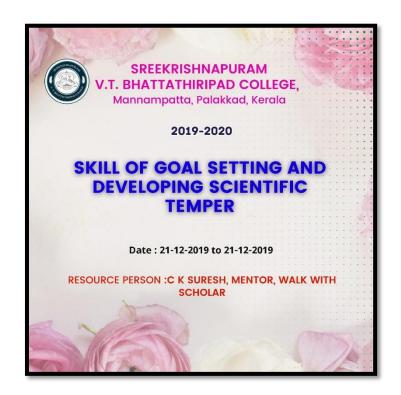
Title of the Programme	Skill of Goal Setting and Developing Scientific Temper
Organizing Department/Cell	WWS
Number of Students Enrolled	90
Name of the Resource Person	C K Suresh, Mentor, Walk with Scholar
Objectives of the Programme	To teach participants effective goal- setting techniques and foster a scientific approach to problem-solving through critical thinking and evidence-based decision-making.
Outcomes of the Programme	Participants improved their goal-setting skills and developed a scientific approach to problem-solving, enhancing their ability to set and achieve objectives while applying critical thinking and evidence-based decision-making.

# Report

On December 21, 2019, WWS organized a program titled "Skill of Goal Setting and Developing Scientific Temper" in the college auditorium. The session, led by C K Suresh, mentor from Walk with Scholar, aimed to improve participants' goal-setting abilities and promote a scientific approach to problem-solving.

A total of 90 beneficiaries attended the program. It focused on techniques for setting effective goals, creating actionable plans, and evaluating progress. The program also covered principles of scientific thinking, including critical analysis and evidence-based decision-making.

Participants engaged in practical exercises to apply these concepts. C K Suresh provided guidance and feedback to help attendees refine their skills in goal setting and scientific reasoning.



Brochure of the Programme



Highlight of the Programme



Sl. No	Name of the Student	Programme	
1.	Akhil K	BA Sanskrit Sahithya	
2.	Ameesha N M	BA Sanskrit Sahithya	
3.	Anjali P V	BA Sanskrit Sahithya	
4.	Bhavya Das M	BA Sanskrit Sahithya	
5.	Chandini A	BA Sanskrit Sahithya	
6.	Chinju M C	BA Sanskrit Sahithya	
7.	Chithra K	BA Sanskrit Sahithya	
8.	Devika P	BA Sanskrit Sahithya	
9.	Jishna K S	BA Sanskrit Sahithya	
10.	Malavika C M	BA Sanskrit Sahithya	
11.	Manjusha P K	BA Sanskrit Sahithya	
12.	Mayadevi T K	BA Sanskrit Sahithya	
13.	Midhun Raj U	BA Sanskrit Sahithya	
14.	Nair Sangeeth Krishnan K	BA Sanskrit Sahithya	
15.	Pradeesh K	BA Sanskrit Sahithya	
16.	Punya T H	BA Sanskrit Sahithya	
17.	Radhika N	BA Sanskrit Sahithya	
18.	Rajitha V	BA Sanskrit Sahithya	
19.	Reshma C R	BA Sanskrit Sahithya	
20.	Roshna T	BA Sanskrit Sahithya	
21.	Savitha M	BA Sanskrit Sahithya	
22.	Shahana M T	BA Sanskrit Sahithya	
23.	Silpa A G	BA Sanskrit Sahithya	
24.	Sneha A	BA Sanskrit Sahithya	
25.	Sreekrishna P	BA Sanskrit Sahithya	
26.	Sreeshma P	BA Sanskrit Sahithya	
27.	Srikrishna T A	BA Sanskrit Sahithya	
28.	Sruthi K	BA Sanskrit Sahithya	
29.	Abhirag K R	Bachelor Of Business Administration	
30.	Ajith K	Bachelor Of Business Administration	
31.	Ajith K G	Bachelor Of Business Administration	
32.	Akhila K G	Bachelor Of Business Administration	
33.	Akshay N	Bachelor Of Business Administration	
34. 35.	Akshay Krishnanunni T Amritha T A	Bachelor Of Business Administration  Bachelor Of Business Administration	
36.	Anagha C	Bachelor Of Business Administration	
37.	Anusha K	Bachelor Of Business Administration	
38.	Aparna N S	Bachelor Of Business Administration	
39.	Arjun K Anil	Bachelor Of Business Administration	
40.	Aryashree G Nair	Bachelor Of Business Administration	
41.	Aswathi P P	Bachelor Of Business Administration	
42.	Aswathi N M	Bachelor Of Business Administration	
43.	Aswathy C	Bachelor Of Business Administration	-
44.	Aswathy P	Bachelor Of Business Administration	(.Bh.
45.	Athira N		P.O.
46.	Athira K P	II S. Main	kkad
10.	Tumu Ki		1-678

47.	Chithra M T	Bachelor Of Business Administration
48.	Divya K	Bachelor Of Business Administration
49.	Gokul N U	Bachelor Of Business Administration
50.	Greeshma A	Bachelor Of Business Administration
51.	K Mohammed Ashalm	Bachelor Of Business Administration
52.	Karthik Krishna P	Bachelor Of Business Administration
53.	Lavanya U	Bachelor Of Business Administration
54.	Manish Lal Singh	Bachelor Of Business Administration
55.	Midhuna P M	Bachelor Of Business Administration
56.	Muhammad Ashif	Bachelor Of Business Administration
57.	Muhammed Aslam E	Bachelor Of Business Administration
58.	Najiya M U	Bachelor Of Business Administration
59.	Naveen Krishna R	Bachelor Of Business Administration
60.	Navya P	Bachelor Of Business Administration
61.	Neethu M	Bachelor Of Business Administration
62.	Prasad K	Bachelor Of Business Administration
63.	Rasheena A T	Bachelor Of Business Administration
64.	Sarathkumar K P	Bachelor Of Business Administration
65.	Shajira Thasni N	Bachelor Of Business Administration
66.	Sneha K M	Bachelor Of Business Administration
67.	Sreejisha KS	Bachelor Of Business Administration
68.	Nayana K N	BA Sanskrit Sahithya
69.	Nimisha V P	BA Sanskrit Sahithya
70.	Priya K	BA Sanskrit Sahithya
71.	Priyanka P	BA Sanskrit Sahithya
72.	Radhika K	BA Sanskrit Sahithya
73.	Reshma C	BA Sanskrit Sahithya
74.	Salini M U	BA Sanskrit Sahithya
75.	Sanju R	BA Sanskrit Sahithya
76.	Shilpa C	BA Sanskrit Sahithya
77.	Sruthi K	BA Sanskrit Sahithya
78.	Sruthy M S	BA Sanskrit Sahithya
79.	Swaminathan PG	BA Sanskrit Sahithya
80.	Ardra K	B.Sc Mathematics
81.	Athira N	B.Sc Mathematics
82.	Bittumol Biju	B.Sc Mathematics
83.	Deepika K	B.Sc Mathematics
84.	Devi Krishna K M	B.Sc Mathematics
85.	Divya A	B.Sc Mathematics
86.	Karthika K R	B.Sc Mathematics
87.	Keerthana B	B.Sc Mathematics
88.	Krishnenthu V	B.Sc Mathematics
89.	Narayanan P M	B.Sc Mathematics
90.	Nayana MS	B.Sc Mathematics
		101

P.O. Mannampatta Palakkad Dist. Pin-678 633

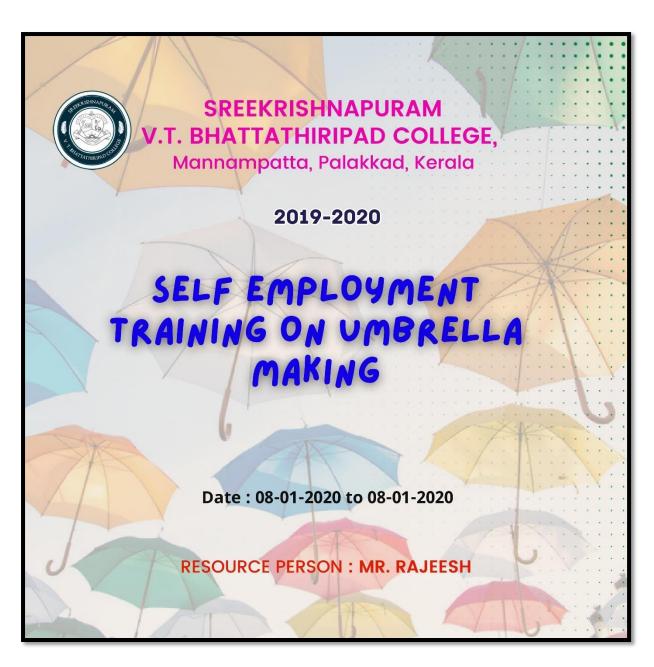
### Self Employment Training on Umbrella making

Title of the Programme	Self Employment Training on Umbrella making
Organizing Department/Cell	ED Club
Number of Students Enrolled	48
Name of the Resource Person	Mr. Rajeesh
Objectives of the Programme	To equip students with practical skills and knowledge necessary to manufacture umbrellas and explore self-employment opportunities in this field.
Outcomes of the Programme	Participants gained practical skills in umbrella making and were provided with the knowledge to start their own self-employment ventures in this area.

#### Report

On January 8, 2020, the ED Club organized a "Self Employment Training on Umbrella Making" in the college auditorium. The training aimed to provide students with practical skills for self-employment by teaching them the techniques of umbrella making. Mr. Rajeesh, an expert in umbrella manufacturing, conducted the session. A total of 48 students enrolled in the program, which focused on the entire process of making umbrellas, including selecting materials, cutting fabric, assembling parts, and quality control. The training included both theoretical instruction and hands-on practice. Mr. Rajeesh demonstrated the key techniques and guided participants through the steps of creating their own umbrellas. The session also covered aspects of setting up a small-scale business, including sourcing materials and marketing.





Brochure of the Training Programme







Highlights of the Programme



Sl. No	Name of the Student	Programme	
1.	Abdul Sadiq K V	BA Economics with Foreign Trade	
2.	Abhinanth V	BA Economics with Foreign Trade	
3.	Aiswarya T	BA Economics with Foreign Trade	
4.	Akhila T K	BA Economics with Foreign Trade	
5.	Akshara KT	BA Economics with Foreign Trade	
6.	Akshaya P	BA Economics with Foreign Trade	
7.	Anjali Krishna C	BA Economics with Foreign Trade	
8.	Anupama M	BA Economics with Foreign Trade	
9.	Aswini Balakrishnan C B	BA Economics with Foreign Trade	
10.	Athira A U	BA Economics with Foreign Trade	
11.	Athira K	BA Economics with Foreign Trade	
12.	Devi S K	BA Economics with Foreign Trade	
13.	Devika M	BA Economics with Foreign Trade	
14.	Divya N	BA Economics with Foreign Trade	
15.	Drisya K	BA Economics with Foreign Trade	
16.	Farsana Sharin VT	BA Economics with Foreign Trade	
17.	Fathimathul Sithara T	BA Economics with Foreign Trade	
18.	Ismath Nasrin C	BA Economics with Foreign Trade	
19.	Krishnapriya K	BA Economics with Foreign Trade	
20.	Krishnapriya C U	BA Economics with Foreign Trade	
21.	Mahitha V M	BA Economics with Foreign Trade	
22.	Megha M	BA Economics with Foreign Trade	
23.	Nahla C	BA Economics with Foreign Trade	
24.	Najla C	BA Economics with Foreign Trade	
25.	Nandana M R	BA Economics with Foreign Trade	
26.	Nasreen Farhana P I	BA Economics with Foreign Trade	
27.	Nithin P K	BA Economics with Foreign Trade	
28.	Praveena S	BA Economics with Foreign Trade	
29.	Rahana R	BA Economics with Foreign Trade	
30.	Rajitha K	BA Economics with Foreign Trade	
31.	Ranjitha K	BA Economics with Foreign Trade	
32.	Rasika KR	BA Economics with Foreign Trade	
33.	Rethik Krishnan P	BA Economics with Foreign Trade	
34.	Sajeev M	BA Economics with Foreign Trade	
35.	Athira V M	B.Com Finance	
36.	Deepa M T	B.Com Finance	
37.	Divya K M	B.Com Finance	
38.	Haripriya M K	B.Com Finance	
39.	Haripriya T	B.Com Finance	
40.	Jinisha P	B.Com Finance	V.T.Bhatta
41.	Jishnu A	B.Com Finance	P.O. Mannampatta
42.	Jyothilakshmi M	B.Com Finance	Dalakkad Dist.   a
			Pin-678 633

43.	Keerthana C M	B.Com Finance
44.	Keerthi P V	B.Com Finance
45.	Krishnendu R	B.Com Finance
46.	Megha M	B.Com Finance
47.	Mini K	B.Com Finance
48.	Mithina M	B.Com Finance



# Soukhyam - Female Health awareness programme

Title of the Programme	Soukhyam – Female Health awareness programme
Organizing Department/Cell	Women Cell
Number of Students Enrolled	567
Name of the Resource Person	Bindu K, Staff Nurse, PHC, Katambazhipuram
Objectives of the Programme	To screen female students for anaemia and underweight conditions, and to raise awareness about maintaining a healthy lifestyle and proper nutrition.
Outcomes of the Programme	Female students received essential health screenings, gained insights into their health status, and increased their awareness of maintaining a healthy lifestyle and proper nutrition.

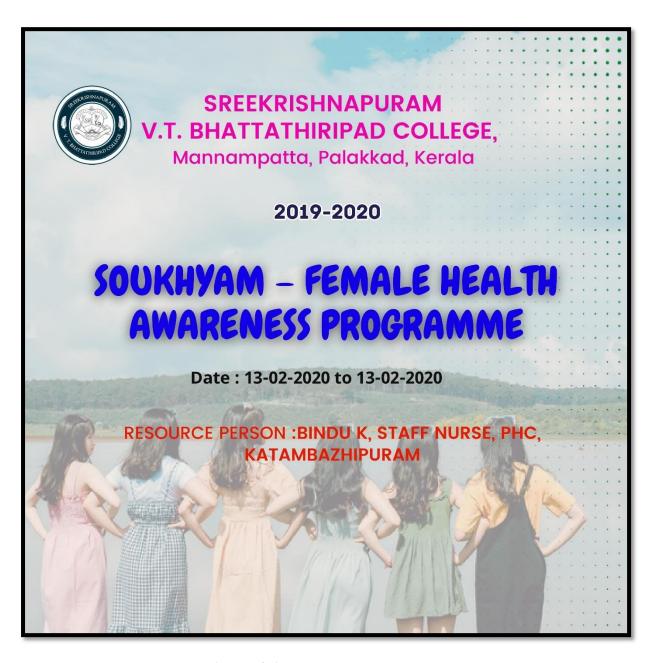
#### Report

On February 13, 2020, the Women Cell organized the "Soukhyam" Female Health Awareness Programme, with the support of Sreekrishnapuram Grama Panchayat. The event, coordinated by Dr. Vijayasree K V, aimed to address key health issues among female students through a comprehensive screening camp.

The programme was led by Bindu K, a staff nurse from PHC Katambazhipuram. The first phase of the Soukhyam project focused on detecting anemia and underweight conditions among college students. The camp involved measuring and recording essential health metrics including blood group, haemoglobin levels, body weight, height, and Body Mass Index (BMI).

The screening camp provided valuable health insights to all female students, helping to identify individuals at risk of anaemia and underweight. In addition to the health

assessments, educational sessions were conducted to raise awareness about maintaining a healthy lifestyle and proper nutrition.



Brochure of the Awareness Programme









Highlights of the Programme

All Female Students - 567



### Theatre Workshop on Scripting

Title of the Programme	Theatre Workshop on Scripting
Organizing Department/Cell	Department of Sanskrit
Number of Students Enrolled	12
Name of the Resource Person	Rejitha Naripatta, Theatre Artist Ph:7025372298
Objectives of the Programme	To teach students the fundamentals of scriptwriting for theatre, including structure, dialogue, and character development, to enhance their skills in creating compelling theatrical scripts.
Outcomes of the Programme	The outcome of the workshop was that participants gained practical skills in scriptwriting, improved their ability to craft engaging and well-structured theatrical scripts, and received constructive feedback to refine their writing abilities.

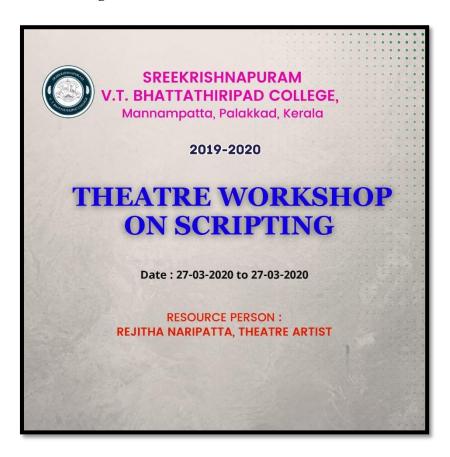
### Report

On March 27, 2020, the Department of Sanskrit organized a "Theatre Workshop on Scripting" in the college auditorium. The workshop was designed to enhance participants' skills in scriptwriting for theatre.

The session was led by Rejitha Naripatta, a seasoned theatre artist. A total of 12 students enrolled in the workshop, which focused on the fundamentals of scripting, including structure, dialogue, and character development. Rejitha Naripatta provided practical insights and techniques for crafting compelling scripts.

The workshop involved interactive exercises where students practiced writing and refining their own scripts. Participants received feedback on their work, allowing

them to improve their writing skills and gain a deeper understanding of effective scripting techniques. Dr. Parvathy KP coordinated the event, ensuring smooth execution and facilitating discussions.



Brochure of the Workshop



Highlight of the Programme



Sl.No.	Name of the Student	Programme
1.	Navya K R	BCom
2.	Anaswara E	BA Economics with Foreign Trade
3.	Amritha K	BA Economics with Foreign Trade
4.	Savitha M	BA Sanskrit
5.	Rajitha V	BA Sanskrit
6.	Sarathkumar K P	BBA
7.	Syamini C	BBA
8.	Megha P S	BA Economics with Foreign Trade
9.	Vishnupriya N	BBA
10.	Ajith K G	BBA
11.	Kavitha M	B.Sc. Mathematics
12.	Athira C G	BCom

PRINCIPAL
Sreekrishnapuram VT Bhattathiripad College
Mannampatta, Palakkad - 678633

