



SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE

Aided and Affiliated to University of Calicut, NAAC Accredited with B+ Grade

Phone (Office) : 0466-2268285 | Email : principalvtbcollege@gmail.com



CRITERION - V STUDENT SUPPORT AND PROGRESSION

5.1 Student Support



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Mannampatta P.O., Palakkad - 678 633

SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE



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5.1.2

Report of Capacity Development and Skills Enhancement Activities Organized During 2020-21

Programmes /activities conducted to enhance soft skills, Language and communication skills, and Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills) during 2020-2021

SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE



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Training Programme on Cloth Bag Making

Title of the Programme	Training Programme on Cloth Bag Making
Organizing Department/Cell	ED Club
Number of Students Enrolled	28
Name of the Resource Person	Bjitha P R, Entrepreneur
Objectives of the Programme	To teach students practical skills in creating eco-friendly cloth bags and raise awareness about sustainable alternatives to plastic.
Outcomes of the Programme	Students gained hands-on experience in crafting cloth bags and a better understanding of sustainable practices.

Report

On May 6, 2020, the ED Club conducted a Training Programme on Cloth Bag Making. The session was attended by 28 students and was led by Bjitha P R, an entrepreneur with expertise in the field. The programme focused on teaching students how to create cloth bags, emphasizing practical skills in cutting, stitching, and designing. Bjitha P R provided hands-on guidance throughout the session, ensuring that each participant could produce a finished product by the end of the workshop. The training was successful in imparting valuable skills and raising awareness about sustainable alternatives to plastic bags. Participants gained practical experience and insight into eco-friendly practices.





**SREEKRISHNAPURAM
V.T. BHATTATHIRIPAD COLLEGE,**
Mannampatta, Palakkad, Kerala

2020-2021

**TRAINING PROGRAMME ON CLOTH
BAG MAKING**

**RESOURCE PERSON : BJITHA P R,
ENTREPRENUER**

Date : 06-05-2020 to 06-05-2020

Coordinator : Bindu T.

Brochure of the Training Programme





Highlight of the Workshop on Cloth bag making

List of Participants

Sl. No	Name of the Student	Programme
1.	Aiswarya V	BA Economics with Foreign Trade
2.	Ajith V	BA Economics with Foreign Trade
3.	Amritha K	BA Economics with Foreign Trade
4.	Anagha K S	BA Economics with Foreign Trade
5.	Anaswara E	BA Economics with Foreign Trade
6.	Anjana P	BA Economics with Foreign Trade
7.	Aparna P	BA Economics with Foreign Trade
8.	Arya K P	BA Economics with Foreign Trade
9.	Ashad V C	BA Economics with Foreign Trade
10.	Asma Sulthana K K	BA Economics with Foreign Trade
11.	Aswathi K M	BA Economics with Foreign Trade



12.	Athira S	BA Economics with Foreign Trade
13.	Athira T K	BA Economics with Foreign Trade
14.	Athulya N	BA Economics with Foreign Trade
15.	Ayisha Jasmin K B	BA Economics with Foreign Trade
16.	Drisya M P	BA Economics with Foreign Trade
17.	Femina	BA Economics with Foreign Trade
18.	Hareesh K R	BA Economics with Foreign Trade
19.	Harikrishnan T	BA Economics with Foreign Trade
20.	Haripriya N T	BA Economics with Foreign Trade
21.	Hima M T	BA Economics with Foreign Trade
22.	Jijumon M B	BA Economics with Foreign Trade
23.	K Aysha Thasleen	BA Economics with Foreign Trade
24.	Karthik K	BA Economics with Foreign Trade
25.	Megha Ps	BA Economics with Foreign Trade
26.	Mridula E	BA Economics with Foreign Trade
27.	Mubashir O	BA Economics with Foreign Trade
28.	Muhammed Ajmal P	BA Economics with Foreign Trade



Enhancing English Proficiency: A Comprehensive Training Program

Title of the Programme	Enhancing English Proficiency: A Comprehensive Training Program
Organizing Department/Cell	Department of English
Number of Students Enrolled	35
Name of the Resource Person	G S Aravind, Assistant Professor, Department of English, Sreekrishnapuram Vt Bhattathiripad College
Objectives of the Programme	To improve students' English language skills in grammar, vocabulary, pronunciation, and writing.
Outcomes of the Programme	Students demonstrated significant improvement in their English language skills and gained increased confidence in using the language effectively.

Report

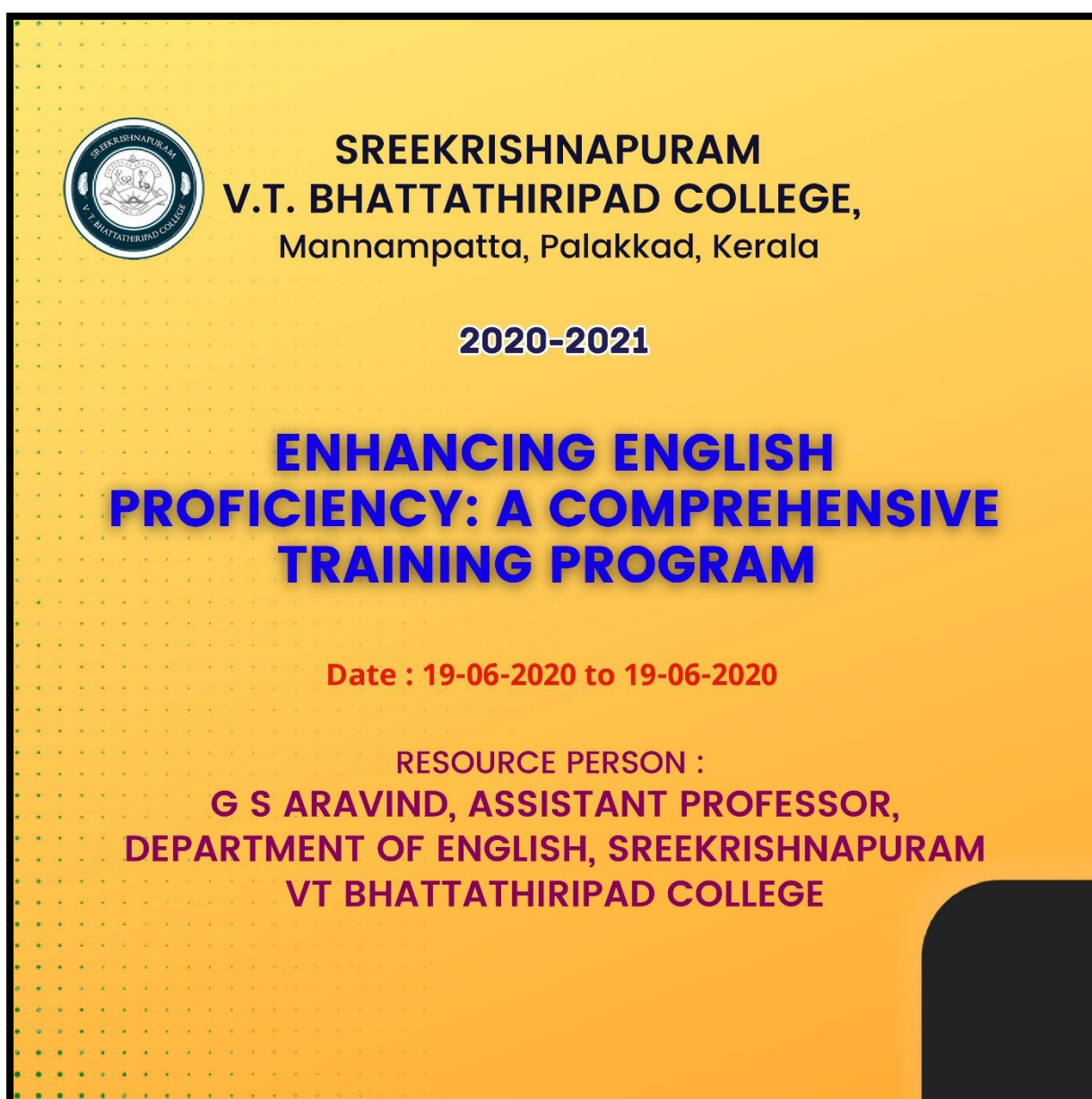
On June 19, 2020, the Department of English organized a training program titled "Enhancing English Proficiency" at the Seminar Hall, beginning at 10 AM. The program, attended by 35 students, was inaugurated by Dr. Jayan Eracheri Illam, Principal, who emphasized the importance of English proficiency for academic and professional success. The training was led by G S Aravind, Assistant Professor from the Department of English.


The morning session commenced with a focus on grammar and usage. This part of the program covered essential grammar rules such as tense usage, sentence structure, and common grammatical errors. Participants engaged in various exercises designed to reinforce their grammatical skills. Following a short break, the vocabulary development session was held. This session aimed to enhance participants' vocabulary through activities that explored context clues, synonyms, and antonyms.



Interactive exercises allowed students to practice and apply new vocabulary in meaningful contexts.

After a lunch break, the afternoon sessions began with a focus on pronunciation and speaking skills. This segment addressed correct pronunciation, intonation, and fluency, with students participating in guided speaking exercises and discussions to improve their spoken English. The final session concentrated on writing skills. This part of the program covered essay structure, coherence, and style. Participants worked on writing tasks and received feedback aimed at improving their writing abilities.



 **SREEKRISHNAPURAM**
V.T. BHATTATHIRIPAD COLLEGE,
Mannampatta, Palakkad, Kerala

2020-2021

**ENHANCING ENGLISH
PROFICIENCY: A COMPREHENSIVE
TRAINING PROGRAM**

Date : 19-06-2020 to 19-06-2020

RESOURCE PERSON :
G S ARAVIND, ASSISTANT PROFESSOR,
DEPARTMENT OF ENGLISH, SREEKRISHNAPURAM
VT BHATTATHIRIPAD COLLEGE

Brochure of the Programme





Highlight of the Training Programme

List of Participants

Sl. No	Name of the Student	Programme
1.	Janaki K R	B.Sc Mathematics
2.	Karthika K S	B.Sc Mathematics
3.	Kiran K R	B.Sc Mathematics
4.	Krishnadev T	B.Sc Mathematics
5.	Midhun C	B.Sc Mathematics
6.	Mohammed Safvan M	B.Sc Mathematics
7.	Muhammed Sabik K V	B.Sc Mathematics
8.	Namith V	B.Sc Mathematics
9.	Rahul Kumar V P	B.Sc Mathematics
10.	Raseena E P	B.Sc Mathematics
11.	Sayana V	B.Sc Mathematics
12.	Sidharth P D	B.Sc Mathematics
13.	Sneha K	B.Sc Mathematics
14.	Sobhitha S P	B.Sc Mathematics
15.	Sreeraj A	B.Sc Mathematics
16.	Sreesankar M V	B.Sc Mathematics
17.	Rohith V	B.Com Finance
18.	Roshini K	B.Com Finance
19.	Sandra P R	B.Com Finance
20.	Shilpa C	B.Com Finance
21.	Siddarth M S	B.Com Finance
22.	Sooraj K	B.Com Finance
23.	Sreeraj K	B.Com Finance
24.	Sruthi A	B.Com Finance
25.	Thejas Ram	B.Com Finance
26.	Umadevi R	B.Com Finance
27.	V Vishnu Kumar	B.Com Finance
28.	Resmi K	Bachelor Of Business Administration



29.	S Hrithik	Bachelor Of Business Administration
30.	Sayyid Alavi K S	Bachelor Of Business Administration
31.	Shigin M	Bachelor Of Business Administration
32.	Sneha C A	Bachelor Of Business Administration
33.	Sreeparvathi R	Bachelor Of Business Administration
34.	Sreerekha K S	Bachelor Of Business Administration
35.	Subha G	Bachelor Of Business Administration



Discover Yoga: Beginner's Training Workshop

Title of the Programme	Discover Yoga: Beginner's Training Workshop
Organizing Department/Cell	Department of Sanskrit
Number of Students Enrolled	5
Name of the Resource Person	Yogacharya Sri. Vijayan and Sri A.M. Raman Nambuthiri, Rtd. School Teacher & Yoga Instructor
Objectives of the Programme	To develop life skills such as relaxation and Mindfulness. Adopt healthier lifestyles by incorporating yoga into daily routines.
Outcomes of the Programme	Students revealed and acknowledged the importance of Yoga Encouraged to incorporate Yoga into daily lives. Reduction of stress, improvement, flexibility and balance.

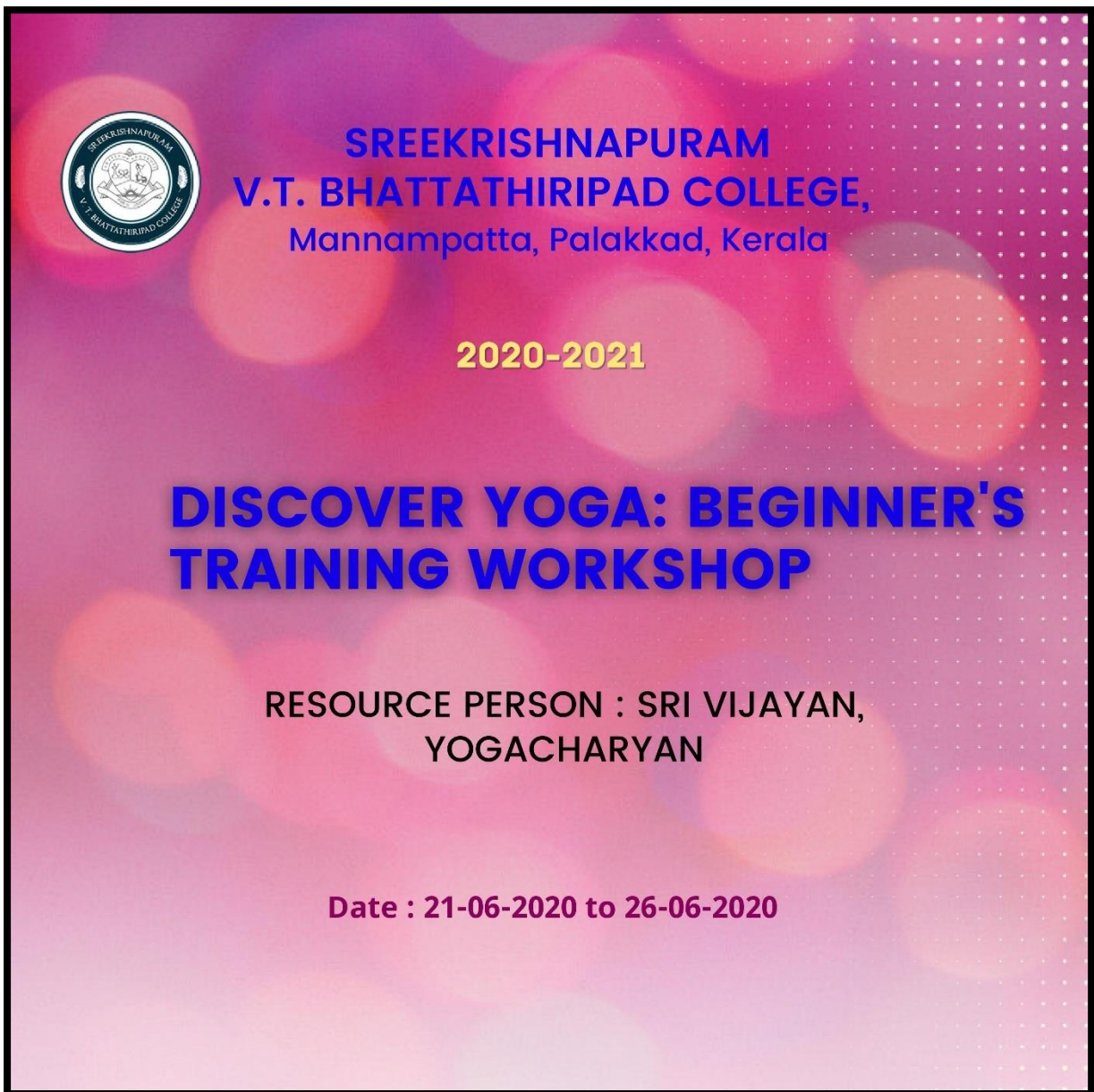
Report

The Department of Sanskrit, in collaboration with the Physical Education Department of SVTB College, celebrated International Yoga Day as a life skill development programme for the academic year 2020-21. The workshop, titled "Discover Yoga: Beginner's Training Workshop," was held on June 21, 2020, through an online platform.


The event began with a prayer, followed by a welcome address by Dr. Parvathy K P, Head of the Department of Sanskrit. Dr. E Jayan, the Principal of SVTB College, delivered the presidential address. The chief guest for the programme was Yogacharya Sri Vijayan, who was joined by Sri A.M. Raman Nambuthiri, a retired school teacher and yoga instructor from Akkurath Mana, Njangattiri, Pattambi. Sri Nambuthiri inaugurated the function and delivered the keynote address on the topic "Relevance



of Yoga in Modern Times." The workshop focused on introducing participants to the practice of yoga and its holistic benefits. It included demonstrations of various yogasanas and an overview of the eightfold paths of Yoga or Ashtanga Yoga. The event highlighted the physical, mental, and spiritual advantages of regular yoga practice. Students performed a range of yogasanas and participated by uploading videos of their yoga practice. The workshop aimed to promote awareness of yoga as a valuable practice for well-being and life skills development.



The brochure features a purple and pink bokeh background with a white dotted pattern on the right side. In the top left corner is the college's logo. The text is centered and uses various colors and bold fonts to highlight key information.

 **SREEKRISHNAPURAM**
V.T. BHATTATHIRIPAD COLLEGE,
Mannampatta, Palakkad, Kerala

2020-2021

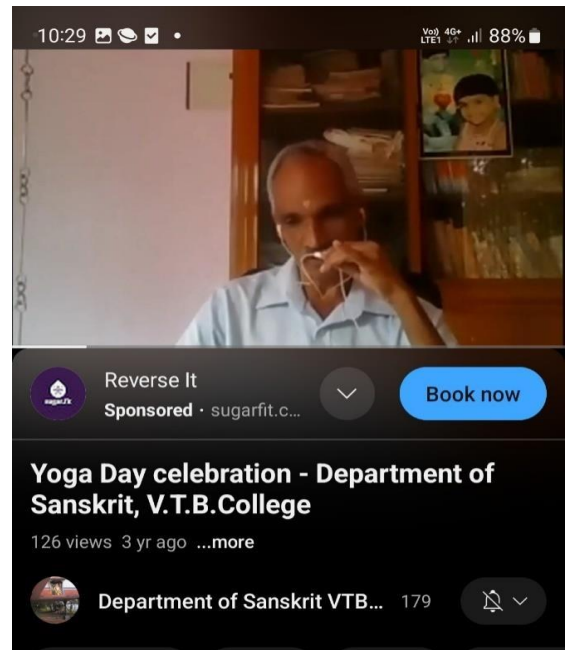
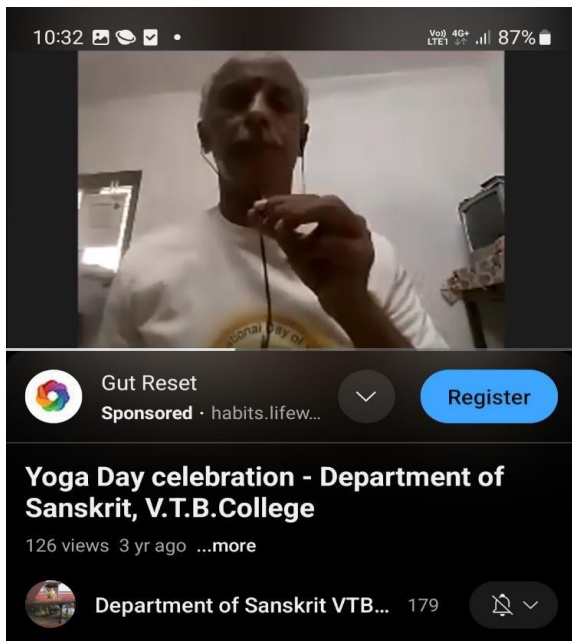
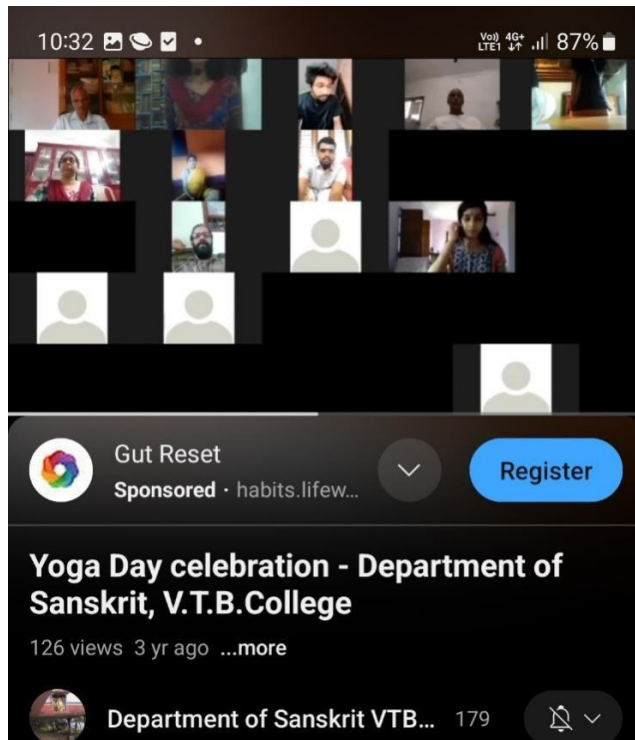
**DISCOVER YOGA: BEGINNER'S
TRAINING WORKSHOP**

RESOURCE PERSON : SRI VIJAYAN,
YOGACHARYAN

Date : 21-06-2020 to 26-06-2020

Brochure of the Workshop





Highlights of the Programme



List of Participants

Sl. No.	Name of the Student	Programme
1	Swaminathan P.G.	Final Year BA Sanskrit
2	Sangeeth Krishnan Nair	Second Year BA Sanskrit
3	Uma K.S.	Final Year BA Sanskrit
4	Ramakrishnan T	Final Year BA Sanskrit
5	Uma K.S.	Final Year BA Student



Crafting Cleanliness: Hand Sanitizer Production Training

Title of the Programme	Crafting Cleanliness: Hand Sanitizer Production Training
Organizing Department/Cell	ED Club and NSS
Number of Students Enrolled	35
Name of the Resource Person	H Santhosh
Objectives of the Programme	To teach participants how to produce hand sanitizers effectively and distribute them to the local community to enhance hygiene during the COVID-19 pandemic.
Outcomes of the Programme	Participants successfully learned how to produce hand sanitizers and distributed the products to the adopted village, thereby contributing to improved hygiene and community health.

Report

On August 23, 2020, the NSS Units in collaboration with the ED Club of Sreekrishnapuram V T Bhattathiripad College conducted an online workshop titled "Crafting Cleanliness: Hand Sanitizer Production Training." The session aimed to equip participants with the skills to produce hand sanitizers, a crucial skill during the COVID-19 pandemic. A total of 35 beneficiaries participated in the training.

The workshop was conducted virtually, with the raw materials for sanitizer production distributed to the volunteers in advance. Sri H Santhosh served as the faculty/resource person for the event, guiding the participants through the production process. The training covered essential aspects of sanitizer preparation,



including the correct proportions of ingredients and the steps required to ensure effective and safe hand sanitizers.

Kamalraj Mohan, the Programme Officer, hosted the online session. He facilitated the interaction between Sri H Santhosh and the participants, ensuring that all technical aspects of the workshop were addressed smoothly. The resource person demonstrated the step-by-step process of making hand sanitizers, and the volunteers followed along, creating their own sanitizers during the session.

Following the completion of the training, the hand sanitizers produced by the volunteers were distributed in the adopted village. This practical application of the training not only helped in improving the hygiene practices of the local community but also provided a valuable service during the pandemic.



Brochure of the Programme

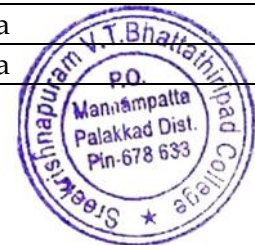




Highlights of the Programme

List of Participants

Sl. No	Name of the Student	Programme
1.	Sravya P P	BA Economics with Foreign Trade
2.	Sreeya M S	BA Economics with Foreign Trade
3.	Sruthy C V	BA Economics with Foreign Trade
4.	Swathikrishna V T	BA Economics with Foreign Trade
5.	Vidhya K	BA Economics with Foreign Trade
6.	Vismaya T L	BA Economics with Foreign Trade
7.	Vivek T R	BA Economics with Foreign Trade
8.	Abdul Kader Khan K T	BA History
9.	Adithya G	BA History
10.	Adithyan R	BA History
11.	Akhilkumar C D	BA History
12.	Anas P A	BA History
13.	Anisha P	BA History
14.	Anjana K	BA History
15.	Anshib T	BA History
16.	Anujith K R	BA History
17.	Anushaya C	BA History
18.	Arunkrishna K	BA History
19.	Aswathi N R	BA History
20.	Aswin Krishnan K	BA History
21.	Ayisha N	BA History
22.	Ayisha Raeefa P	BA History
23.	Bhavya K R	BA History
24.	Chithra P R	BA Sanskrit Sahithya
25.	Haritha C	BA Sanskrit Sahithya
26.	Lavanya A	BA Sanskrit Sahithya
27.	Nandana T	BA Sanskrit Sahithya
28.	Neethu K G	BA Sanskrit Sahithya
29.	Nithya M	BA Sanskrit Sahithya



30.	Ranoj R	BA Sanskrit Sahithya
31.	Renuka V	BA Sanskrit Sahithya
32.	Roshini R	BA Sanskrit Sahithya
33.	Shabana Yasmin V	BA Sanskrit Sahithya
34.	Sibila O	BA Sanskrit Sahithya
35.	Sibin K C	BA Sanskrit Sahithya



Design and Create: Mask Making Workshop

Title of the Programme	Design and Create: Mask Making Workshop
Organizing Department/Cell	ED Club and NSS
Number of Students Enrolled	5
Name of the Resource Person	Ms Pallavi, Student, Sreekrishnapuram V T Bhattathiripad College
Objectives of the Programme	To teach participants how to make protective masks and contribute to community safety during the COVID-19 pandemic.
Outcomes of the Programme	Participants successfully created masks and distributed them within the community, enhancing local safety and protection during the pandemic.

Report

On August 28, 2020, the ED Club, in collaboration with the NSS Units of Sreekrishnapuram V T Bhattathiripad College, organized an online workshop titled "Design and Create: Mask Making Workshop." The workshop aimed to teach participants how to make masks, an essential item for protection during the COVID-19 pandemic. The session saw participation from 5 beneficiaries.

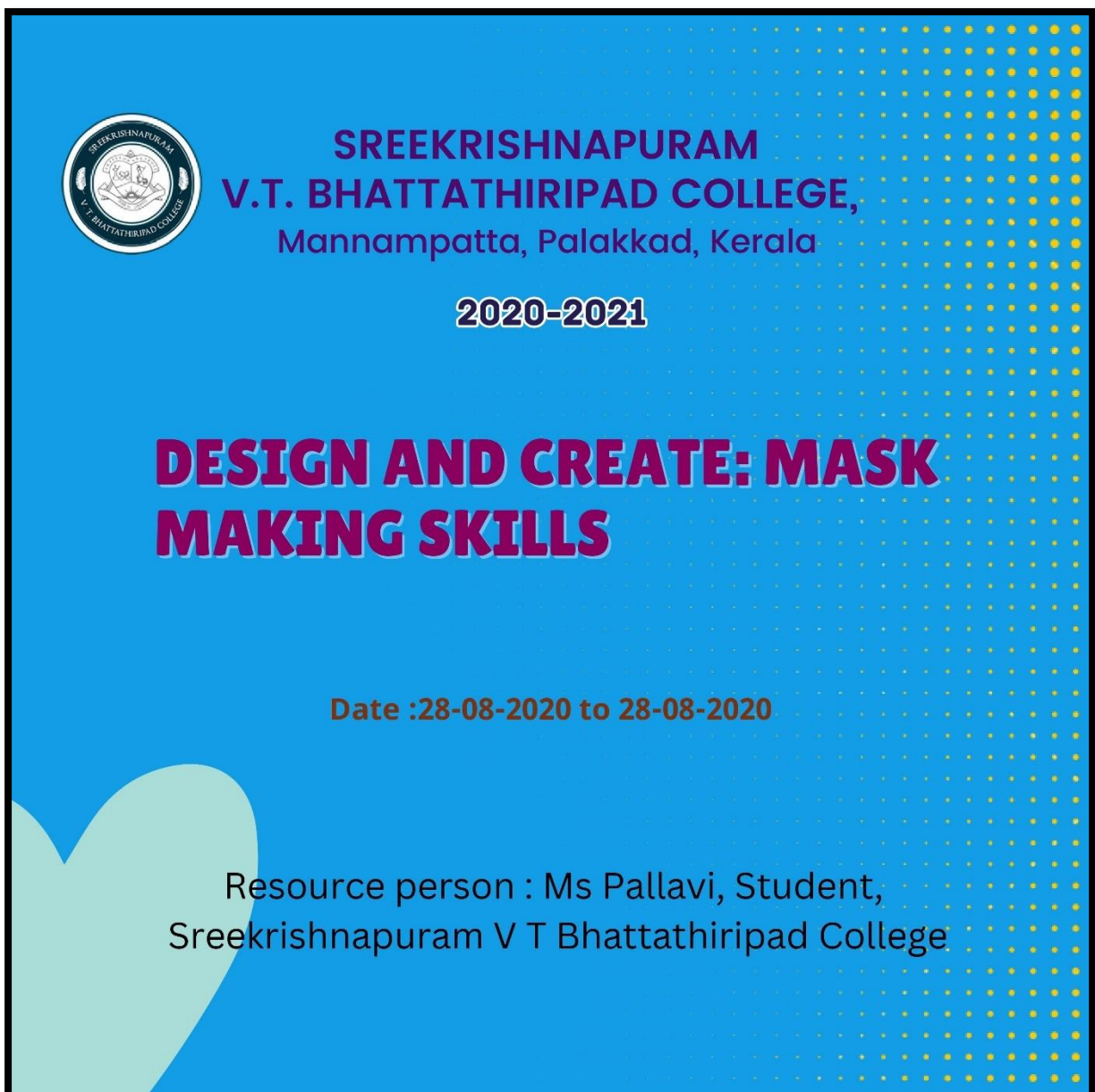
The workshop began with the distribution of raw materials to the participants prior to the event. Miss Pallavi served as the resource person, providing expert guidance throughout the workshop. The session was hosted online by Kamalraj Mohan, Assistant Professor, Department of Commerce who facilitated the interaction between Miss Pallavi and the participants.


Miss Pallavi demonstrated the mask-making process, covering key aspects such as fabric selection, cutting patterns, sewing techniques, and ensuring a proper fit. The workshop was designed to be interactive, allowing participants to follow along with



the demonstration and create their own masks in real-time. The resource person provided detailed instructions and answered questions from the participants to ensure they could successfully complete their masks.

After the workshop, the masks created by the participants were distributed to the adopted village. This practical component not only helped in addressing the immediate need for masks but also provided a valuable skill to the participants. The masks were distributed to individuals in the adopted village, contributing to enhanced protection and safety in the community.



 **SREEKRISHNAPURAM
V.T. BHATTATHIRIPAD COLLEGE,**
Mannampatta, Palakkad, Kerala

2020-2021

**DESIGN AND CREATE: MASK
MAKING SKILLS**

Date :28-08-2020 to 28-08-2020

Resource person : Ms Pallavi, Student,
Sreekrishnapuram V T Bhattathiripad College

Brochure of the Programme





Highlights of the Programme

List of Participants

Sl. No	Name of the Student	Programme
1.	Dhanya N R	BA Economics with Foreign Trade
2.	Janna	BA Economics with Foreign Trade
3.	Jinsha P U	BA Economics with Foreign Trade
4.	Mayamol R	BA Economics with Foreign Trade
5.	Navyadas S	BA Economics with Foreign Trade



Training Programme on Stress Management for Mental Wellness

Title of the Programme	Training Programme on Stress Management for Mental Wellness
Organizing Department/Cell	PG Department of Commerce and Management
Number of Students Enrolled	74
Name of the Resource Person	Dr. Viji Ramakrishnan, Educational Psychologist, BSS Gurukulam
Objectives of the Programme	<p>The objectives of the "Training Programme on Stress Management for Mental Wellness" were to:</p> <ol style="list-style-type: none"> 1. Identify stressors affecting students. 2. Teach effective stress management techniques. 3. Promote mental wellness through practical exercises. 4. Equip participants with tools to manage stress in academic and personal life.
Outcomes of the Programme	Participants gained a better understanding of their stressors and learned effective techniques to manage stress. This led to improved mental wellness and enhanced ability to cope with academic and personal challenges.

Report

On September 24, 2020, the PG Department of Commerce and Management organized a Training Programme on "Stress Management for Mental Wellness" online. The session, aimed at helping students manage stress effectively, was attended by 74 participants. Dr. Viji Ramakrishnan, an Educational Psychologist from BSS Gurukulam, led the training. Dr. Ramakrishnan provided insights into various stress management techniques and strategies to improve mental wellness. The programme



covered topics such as identifying stressors, coping mechanisms, and practical exercises for reducing stress.

The training involved interactive discussions and practical activities designed to equip students with tools to handle stress in academic and personal settings. Participants were engaged in exercises that included mindfulness techniques and relaxation methods. The session concluded with a Q&A segment where Dr. Ramakrishnan addressed specific concerns and queries from the participants. The programme successfully provided valuable strategies for stress management and contributed to enhancing the overall mental wellness of the students.



The brochure cover features a blue sky with white clouds background. In the top left corner is the college's logo, a circular emblem with a book and a lamp. The text is centered and reads: 'SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE, Mannampatta, Palakkad, Kerala' in blue. Below this is the year '2020-2021' in black. The main title 'TRAINING PROGRAMME ON STRESS MANAGEMENT FOR MENTAL WELLNESS' is in large, bold, red letters. The date 'Date : 24-09-2020 to 24-09-2020' is in orange. At the bottom, the resource person is listed as 'DR. VIJI RAMAKRISHNAN, EDUCATIONAL PSYCHOLOGIST, BSS GURUKULAM' in black.

**SREEKRISHNAPURAM
V.T. BHATTATHIRIPAD COLLEGE,**
Mannampatta, Palakkad, Kerala

2020-2021

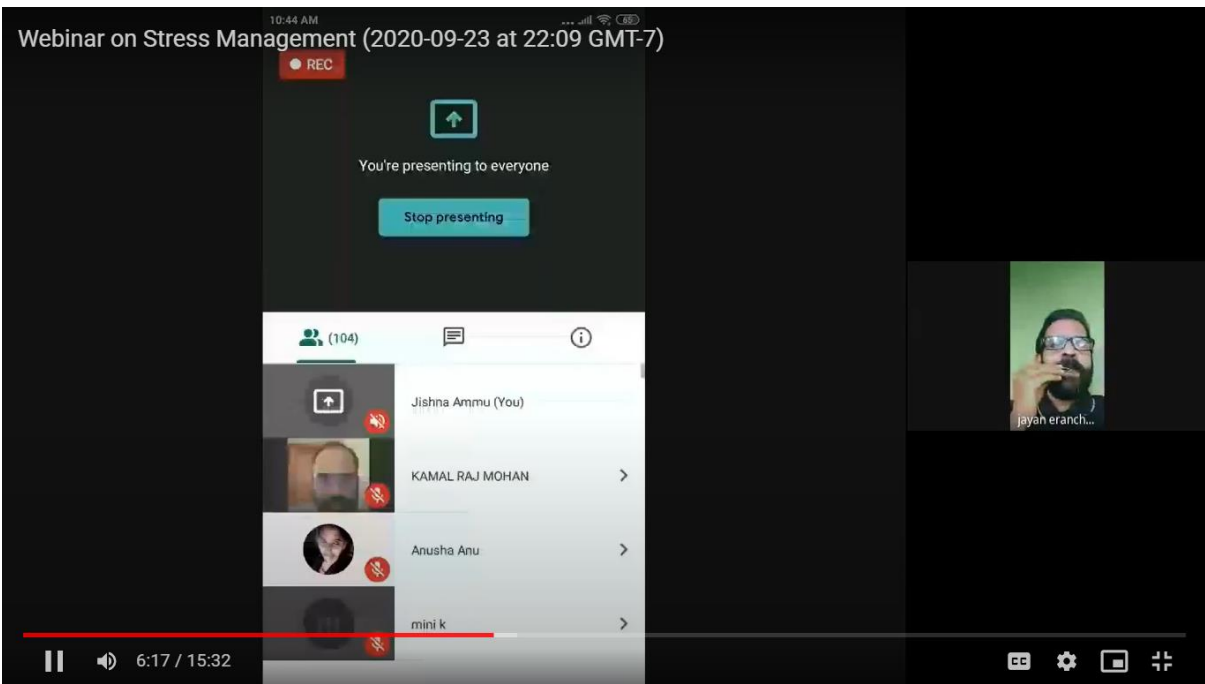
**TRAINING PROGRAMME ON
STRESS MANAGEMENT FOR
MENTAL WELLNESS**

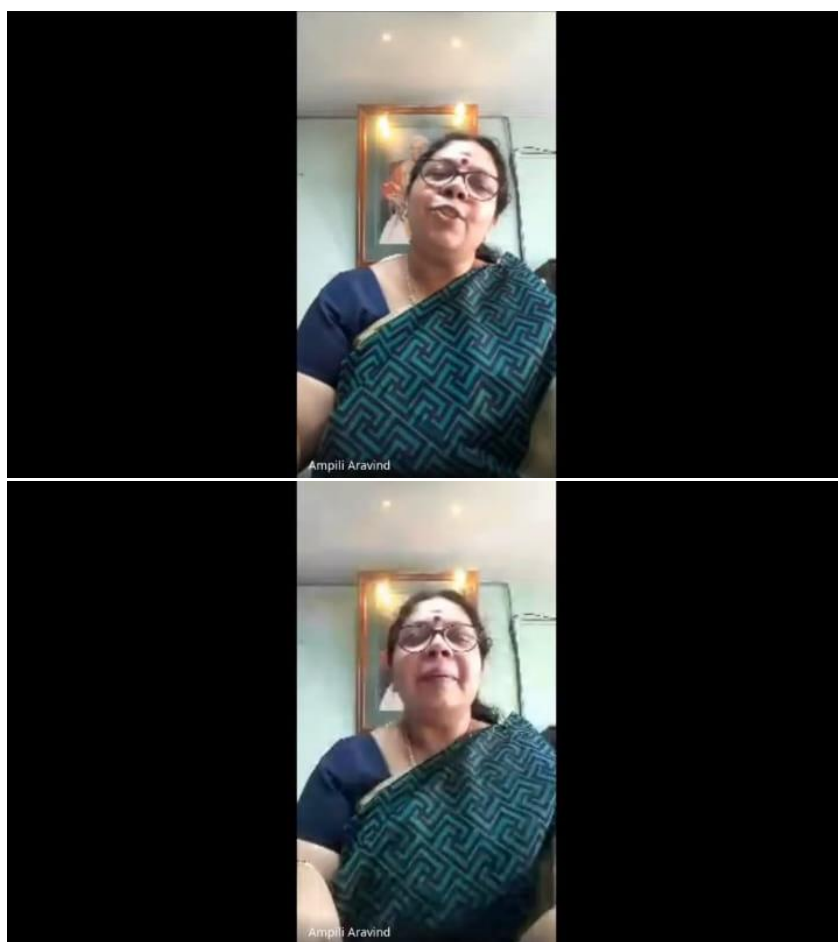
Date : 24-09-2020 to 24-09-2020

RESOURCE PERSON :
**DR. VIJI RAMAKRISHNAN, EDUCATIONAL
PSYCHOLOGIST, BSS GURUKULAM**

Brochure of the Training Programme







Highlights of the Programme

List of Participants

Sl. No	Name of the Student	Programme
1.	Abhinand A	BA Economics with Foreign Trade
2.	Adithya K T	BA Economics with Foreign Trade
3.	Ajay M D	BA Economics with Foreign Trade
4.	Akhil M S	BA Economics with Foreign Trade
5.	Akshara P A	BA Economics with Foreign Trade
6.	Amal Dev T R	BA Economics with Foreign Trade
7.	Ambika C	BA Economics with Foreign Trade
8.	Ambili K	BA Economics with Foreign Trade
9.	Anirudh M	BA Economics with Foreign Trade
10.	Anjali P U	BA Economics with Foreign Trade
11.	Anjana C V	BA Economics with Foreign Trade
12.	Anupama A	BA Economics with Foreign Trade
13.	Arun M	BA Economics with Foreign Trade
14.	Aswathi P R	BA Economics with Foreign Trade
15.	Aswathi V S	BA Economics with Foreign Trade
16.	Aswathy A	BA Economics with Foreign Trade
17.	Athira U	BA Economics with Foreign Trade
18.	Binisha C S	BA Economics with Foreign Trade



19.	Binisha M K	BA Economics with Foreign Trade
20.	Deepika V	BA Economics with Foreign Trade
21.	Dhanya K P	BA Economics with Foreign Trade
22.	Dhanya N R	BA Economics with Foreign Trade
23.	Janna	BA Economics with Foreign Trade
24.	Jinsha P U	BA Economics with Foreign Trade
25.	Jispin K J	BA Economics with Foreign Trade
26.	Jitha K	BA Economics with Foreign Trade
27.	Jithesh P	BA Economics with Foreign Trade
28.	Jyothika P	BA Economics with Foreign Trade
29.	Kailas K K	BA Economics with Foreign Trade
30.	Mayamol R	BA Economics with Foreign Trade
31.	Meera N H	BA Economics with Foreign Trade
32.	Megha V M	BA Economics with Foreign Trade
33.	Misriya E	BA Economics with Foreign Trade
34.	Mohammed Ramees	BA Economics with Foreign Trade
35.	Muhammed Anas O	BA Economics with Foreign Trade
36.	Muhammed Fasil K P	BA Economics with Foreign Trade
37.	Muhammed Shaheer A P	BA Economics with Foreign Trade
38.	Namitha C	BA Economics with Foreign Trade
39.	Nandana V M	BA Economics with Foreign Trade
40.	Nandhana P K	BA Economics with Foreign Trade
41.	Navyadas S	BA Economics with Foreign Trade
42.	Nikitha U R	BA Economics with Foreign Trade
43.	Nithya R	BA Economics with Foreign Trade
44.	Nithyadas K C	BA Economics with Foreign Trade
45.	Princy T	BA Economics with Foreign Trade
46.	Prinitha P N	BA Economics with Foreign Trade
47.	Priyusha P	BA Economics with Foreign Trade
48.	Rahul P R	BA Economics with Foreign Trade
49.	Rajitha C	BA Economics with Foreign Trade
50.	Renuka P G	BA Economics with Foreign Trade
51.	Shabana A P	BA Economics with Foreign Trade
52.	Shafna A	BA Economics with Foreign Trade
53.	Shakkira K	BA Economics with Foreign Trade
54.	Shifana P V	BA Economics with Foreign Trade
55.	Sibina C	BA Economics with Foreign Trade
56.	Sidharth K S	BA Economics with Foreign Trade
57.	Silpa V K	BA Economics with Foreign Trade
58.	Sravya P P	BA Economics with Foreign Trade
59.	Sreeya M S	BA Economics with Foreign Trade
60.	Sruthy C V	BA Economics with Foreign Trade
61.	Swathikrishna V T	BA Economics with Foreign Trade
62.	Vidhya K	BA Economics with Foreign Trade
63.	Vismaya T L	BA Economics with Foreign Trade
64.	Vivek T R	BA Economics with Foreign Trade



65.	Abdul Kader Khan K T	BA History
66.	Adithya G	BA History
67.	Adithyan R	BA History
68.	Akhilkumar C D	BA History
69.	Anas P A	BA History
70.	Anisha P	BA History
71.	Anjana K	BA History
72.	Anshib T	BA History
73.	Anujith K R	BA History
74.	Anushaya C	BA History



Effective Time Management for Academic Excellence

Title of the Programme	Effective Time Management for Academic Excellence
Organizing Department/Cell	PG Department of Commerce and Management
Number of Students Enrolled	37
Name of the Resource Person	Rathi K N, Assistant Professor, Department of Commerce, Sreekrishnapuram Vt Bhattathiripad College
Objectives of the Programme	The objective of the workshop was to equip students with effective time management skills to enhance their academic performance.
Outcomes of the Programme	The outcome of the workshop was that students gained practical time management strategies and improved their ability to plan and manage their academic activities more effectively.

Report

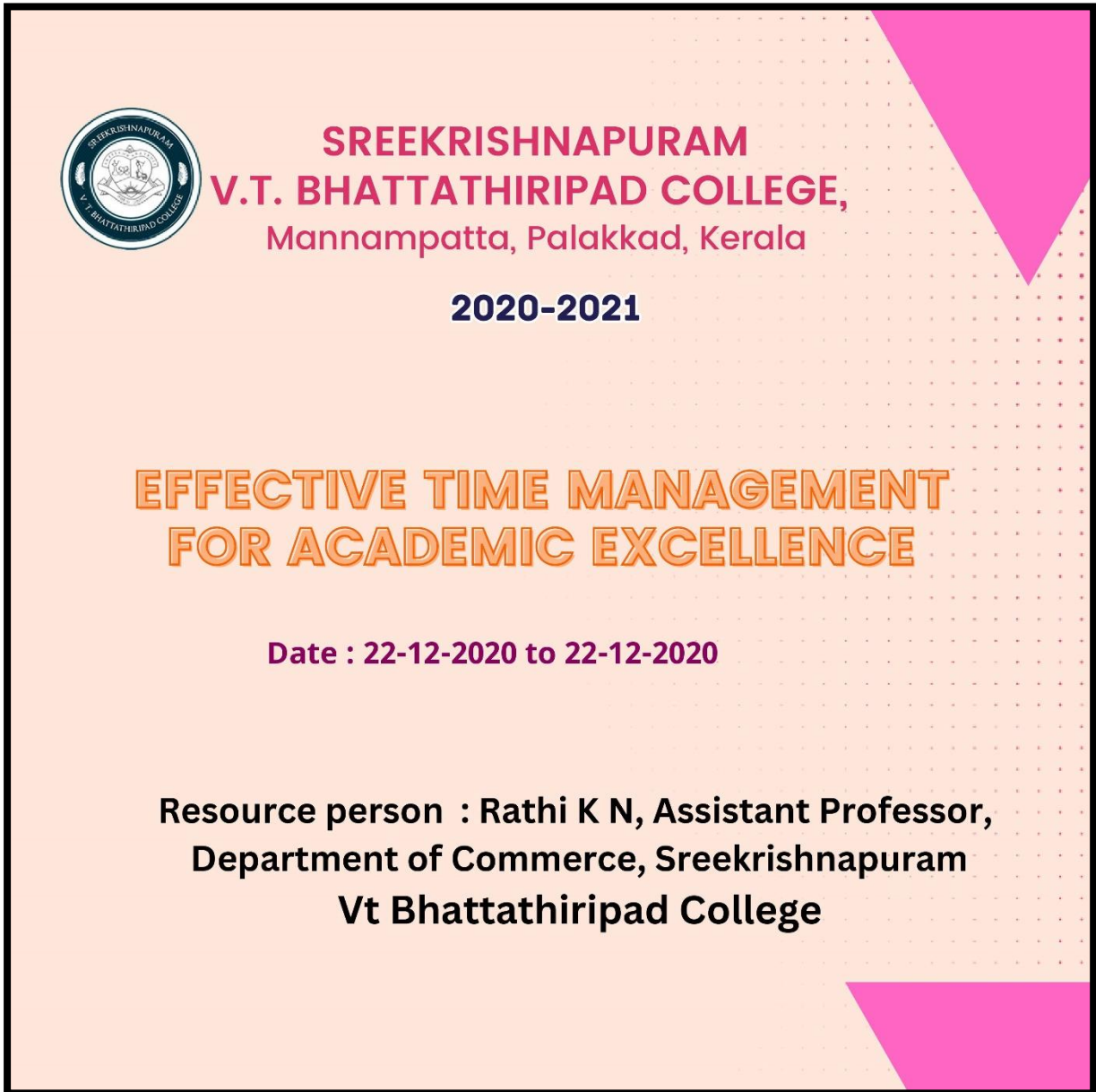
On December 22, 2020, the PG Department of Commerce and Management organized a workshop titled "Effective Time Management for Academic Excellence" at the Seminar Hall. The workshop aimed to help students improve their time management skills to achieve better academic performance. A total of 37 students enrolled in the session.


The event was inaugurated by Dr. Jayan Eracheri Illam, the Principal, who highlighted the importance of effective time management in academic success. The resource person for the workshop was Rathi K N, Assistant Professor from the Department of Commerce at Sreekrishnapuram Vt Bhattathiripad College.

During the workshop, Rathi K N presented various time management techniques and strategies, including prioritization, scheduling, and overcoming procrastination. The



session included practical exercises to help students apply these techniques in their academic routines. Participants were engaged in activities designed to enhance their ability to plan and manage their time effectively.



**SREEKRISHNAPURAM
V.T. BHATTATHIRIPAD COLLEGE,**
Mannampatta, Palakkad, Kerala

2020-2021

**EFFECTIVE TIME MANAGEMENT
FOR ACADEMIC EXCELLENCE**

Date : 22-12-2020 to 22-12-2020

**Resource person : Rathi K N, Assistant Professor,
Department of Commerce, Sreekrishnapuram
Vt Bhattathiripad College**

Brochure of the Programme





Highlight of the Programme

List of Participants

Sl. No	Name of the Student	Programme
1.	Arunkrishna K	BA History
2.	Aswathi N R	BA History
3.	Aswin Krishnan K	BA History
4.	Ayisha N	BA History
5.	Ayisha Raefaa P	BA History
6.	Bhavya K R	BA History
7.	Dhanisha P	BA History
8.	Faseela S	BA History
9.	Fathima Shifana P A	BA History
10.	Gopika K S	BA History
11.	Greeshma C P	BA History



12.	Haritha P	BA History
13.	Irfana Thasneem	BA History
14.	Jamsheena P K	BA History
15.	Jamsheera	BA History
16.	Jinisha P	BA History
17.	Karuna K K	BA History
18.	Dhanya K	Bachelor Of Business Administration
19.	Farseena C K	Bachelor Of Business Administration
20.	Fathima Sajina B	Bachelor Of Business Administration
21.	Fazla Am	Bachelor Of Business Administration
22.	Harsha P	Bachelor Of Business Administration
23.	Kavya K M	Bachelor Of Business Administration
24.	Maya K M	Bachelor Of Business Administration
25.	Mithun V	Bachelor Of Business Administration
26.	Muhammed Suhail K S	Bachelor Of Business Administration
27.	Nandana Krishna M	Bachelor Of Business Administration
28.	Nandana Murali M	Bachelor Of Business Administration
29.	Navyaja P R	Bachelor Of Business Administration
30.	Neethu C	Bachelor Of Business Administration
31.	Nikhil Raj K R	Bachelor Of Business Administration
32.	Nima M T	Bachelor Of Business Administration
33.	Nithya T	Bachelor Of Business Administration
34.	Muhammed Sabik K V	B.Sc Mathematics
35.	Namith V	B.Sc Mathematics
36.	Rahul Kumar V P	B.Sc Mathematics
37.	Raseena E P	B.Sc Mathematics



Training Programme on Crafting Paper, Pen and notepad making

Title of the Programme	Training Programme on Crafting Paper, Pen and Notepad making
Organizing Department/Cell	Entrepreneurship Development Club
Number of Students Enrolled	40
Name of the Resource Person	Nimisha Gopal P G, Alshifa College, Perinthalmanna
Objectives of the Programme	The objective of the training program was to teach students how to make paper pens and notepads, providing them with practical skills in crafting these items.
Outcomes of the Programme	The outcome of the training program was that students successfully acquired the skills to produce paper pens and notepads.

Report

On January 8, 2021, the Entrepreneurship Development Club organized a training program on paper pen and notepad making at the college. The session was led by Nimisha Gopal P. G., with coordination provided by Rathi K N. The workshop aimed to teach students the skills required to produce paper pens and notepads, which could be used in various applications, including seminar kits.

A total of 40 students participated in the program. During the workshop, students were instructed on the processes involved in crafting these items, including the selection of materials, assembly techniques, and quality control measures. The practical sessions allowed participants to create their own paper pens and notepads.

Following the training, students successfully applied their newly acquired skills by producing these items on an order-based system. As a result, the paper pens and notepads became a standard component of the seminar kits used for various



departmental seminars at the college. This initiative not only provided students with valuable practical skills but also contributed to the efficient and sustainable management of seminar supplies within the institution.

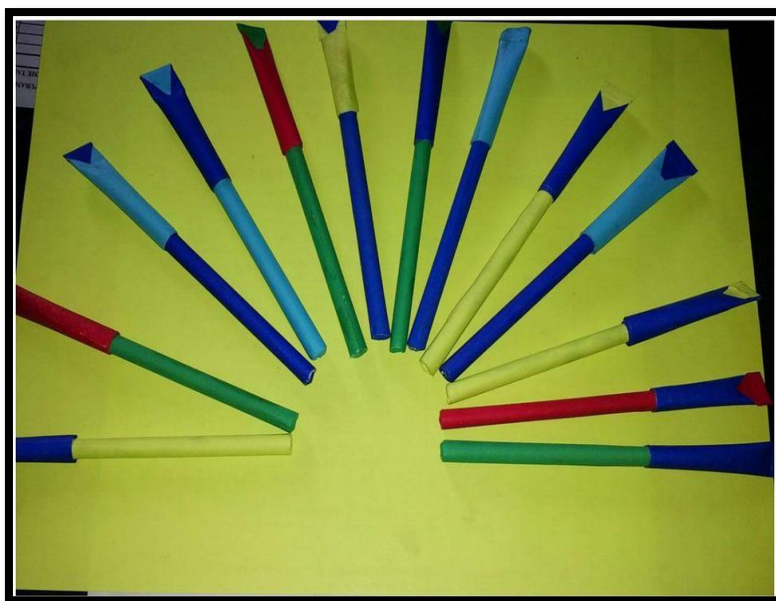


The brochure cover features a green and yellow background with a dotted pattern. In the top left corner is the college's logo. The text is centered and reads: **SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE, Mannampatta, Palakkad, Kerala** followed by **2020-2021**. The main title is **TRAINING PROGRAMME ON CRAFTING PAPER, PEN AND NOTEPAD MAKING**. Below this, the date is given as **Date : 08-01-2021**. At the bottom, it lists the resource person: **Resource person : Nimisha Gopal P G, Alshifa College, Perinthalmanna**.

Brochure of the Training Programme







Highlights of the Programme

List of Participants

Sl. No	Name of the Student	Programme
1.	Sidharth P D	B.Sc Mathematics
2.	Sneha K	B.Sc Mathematics
3.	Sobhitha S P	B.Sc Mathematics
4.	Sreeraj A	B.Sc Mathematics
5.	Sreesankar M V	B.Sc Mathematics
6.	Sruthi S	B.Sc Mathematics
7.	Subith Babu M	B.Sc Mathematics
8.	Surabhi V P	B.Sc Mathematics
9.	Syamdas P	B.Sc Mathematics
10.	Vidhya P	B.Sc Mathematics
11.	Vinisha V J	B.Sc Mathematics
12.	Nandana Murali M	Bachelor Of Business Administration
13.	Navyaja P R	Bachelor Of Business Administration
14.	Neethu C	Bachelor Of Business Administration
15.	Nikhil Raj K R	Bachelor Of Business Administration
16.	Nima M T	Bachelor Of Business Administration
17.	Nithya T	Bachelor Of Business Administration
18.	Rahul P U	Bachelor Of Business Administration
19.	Ramy K K	Bachelor Of Business Administration
20.	Remya Krishna V	Bachelor Of Business Administration
21.	Resmi	Bachelor Of Business Administration
22.	Resmi K	Bachelor Of Business Administration
23.	S Hrithik	Bachelor Of Business Administration
24.	Sayyid Alavi K S	Bachelor Of Business Administration



25.	Shigin M	Bachelor Of Business Administration
26.	Sneha C A	Bachelor Of Business Administration
27.	Sreeparvathi R	Bachelor Of Business Administration
28.	Sreerekha K S	Bachelor Of Business Administration
29.	Kiran T K	B.Com Finance
30.	Lijisha M J	B.Com Finance
31.	M R Saranya	B.Com Finance
32.	Midhun U	B.Com Finance
33.	Mohammed Arshad A K	B.Com Finance
34.	Mohammed Faiz P	B.Com Finance
35.	Muhammed Aflal V T	B.Com Finance
36.	Nandana	B.Com Finance
37.	Naveen C N	B.Com Finance
38.	Neethu P	B.Com Finance
39.	Nidhin P R	B.Com Finance
40.	Nithin Raj T	B.Com Finance



Tug of War Tactics: Team Training Workshop

Title of the Programme	Tug of War Tactics: Team Training Workshop
Organizing Department/Cell	Department of Physical Education
Number of Students Enrolled	15
Name of the Resource Person	Dr. Sadeep K, Department of Physical Education Ph:9745664170
Objectives of the Programme	The objective of the workshop is to teach students effective tactics and strategies for tug of war, improving their teamwork, strength, and coordination in the sport.
Outcomes of the Programme	Students gained practical knowledge and skills in tug of war tactics, leading to improved teamwork and strategic performance in the sport.

Report

The Department of Physical Education organized a workshop titled "Tug of War Tactics: Team Training Workshop" from March 16, 2021, to April 18, 2021. The program aimed to enhance students' understanding and application of strategies in tug of war, a sport that emphasizes teamwork, strength, and coordination.

A total of 15 students enrolled in the workshop, which was led by Dr. Sadeep K from the Department of Physical Education. Dr. Sadeep K provided comprehensive training on various tactics essential for successful tug of war, including team positioning, strength training, and coordination techniques.

Throughout the workshop, students engaged in both theoretical and practical sessions. They learned how to optimize their team's performance through strategic planning and effective communication. Practical exercises and drills were conducted



to reinforce the strategies discussed, allowing students to experience real-time application of the tactics.



**SREEKRISHNAPURAM
V.T. BHATTATHIRIPAD COLLEGE,**
Mannampatta, Palakkad, Kerala

2020-2021

***TUG OF WAR TACTICS:
TEAM TRAINING WORKSHOP***

Date :16-03-2021 to 18-04-2021

Brochure of the Workshop



Highlight of the Programme



List of Participants

Sl. No	Name of the Student	Programme
1.	Mohammed Ramees	BA Economics with Foreign Trade
2.	Muhammed Anas O	BA Economics with Foreign Trade
3.	Muhammed Fasil K P	BA Economics with Foreign Trade
4.	Nihal K	BA History
5.	Pranav K B	BA History
6.	Abdul Kader Khan K T	BA History
7.	Adithya G	BA History
8.	Adithyan R	BA History
9.	Akhilkumar C D	BA History
10.	Sreejitha M	BA Sanskrit Sahithya
11.	Sreekanth E P	BA Sanskrit Sahithya
12.	S Hrithik	Bachelor Of Business Administration
13.	Sayyid Alavi K S	Bachelor Of Business Administration
14.	Shigin M	Bachelor Of Business Administration
15.	Sujith K	Bachelor Of Business Administration



Acting Essentials: Theatre Workshop Training

Title of the Programme	Acting Essentials: Theatre Workshop Training
Organizing Department/Cell	Department of Sanskrit
Number of Students Enrolled	22
Name of the Resource Person	G Dileepan, Director of Natyasasthra. Ph: 9447531447
Objectives of the Programme	To enhance participants' abilities to create and utilize visual imagery in drama to engage and captivate audiences.
Outcomes of the Programme	Attendees developed practical skills in various aspects of drama production, such as stage management, costume design, and space utilization.

Report

An online workshop on "Acting Essentials: Theatre Workshop Training" was conducted by V.T. Pathanakendram in collaboration with Natyasasthra Kadambazhipuram on 27th march 2021. The workshop commenced at 10:00 AM, with Kamal Raj Mohan, the coordinator, welcoming all the artists and students who participated in the program. Dr. Jayan E., the Principal of the college, delivered the presidential address, followed by the inauguration of the program by G. Dileepan, Director of Natyasasthra Kadambazhipuram. The workshop was led by the renowned artist M.G. Sasi. Throughout the session, various subtopics were covered, including stage compactness, costume design, space management, the concept of visual imagery, and the use of technology in drama. The workshop concluded at 2:00 PM, with active participation from students of V.T. Pathanakendram.





**SREEKRISHNAPURAM
V.T. BHATTATHIRIPAD COLLEGE,**
Mannampatta, Palakkad, Kerala

2020-2021

ACTING ESSENTIALS: THEATRE WORKSHOP TRAINING

Date :27-03-2021

Resource person : G Dileepan
Director of Natyasasthra

Brochure of the Workshop



Highlight of the Programme



List of Participants

Sl. No.	Name of the Student	Programme
1	Navya K R	B. Com
2	Anaswara E	BA Economics with Foreign Trade
3	Amritha K	BA Economics with Foreign Trade
4	Savitha M	BA Sanskrit
5	Rajitha V	BA Sanskrit
6	Sarathkumar K P	BBA
7	Syamini C	BBA
8	Sreenath K	BBA
9	Harikrishnan T	BA Economics with Foreign Trade
10	Megha P S	BA Economics with Foreign Trade
11	Vishnupriya N	BBA
12	Vishnu T	B. Com
13	Akshay Krishnanunni T	BBA
14	Varsha M S	BA Economics with Foreign Trade
15	Nair Sangeeth Krishnan K	BA Sanskrit
16	Vishnu S	BA Economics with Foreign Trade
17	Vaisakh K	BA History
18	Vishnupriya M	BA History
19	Sumayya K A	BA Economics with Foreign Trade
20	Swaminathan	BA Sanskrit
21	Uma K. S.	BA Sanskrit
22	Anusree R	B.Sc. Mathematics


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